



DR. MATAM SRI ANUSHA

Consultant - Rheumatology

Qualification

MBBS | MD (Internal Medicine) | DM (Clinical Immunology and Rheumatology) | MRCP (UK) | SCE Rheumatology | EULARF | EULAR Certified Fellow in Musculoskeletal Imaging

Overview

Dr. Matam Sri Anusha is a skilled rheumatologist in Bangalore with over 8+ years of clinical expertise in managing various autoimmune and inflammatory rheumatic diseases. She is currently practising as a Consultant - Rheumatology at Manipal Hospital Kanakapura Road. Dr. Anusha offers care for rheumatoid arthritis, osteoarthritis, psoriatic arthritis, systemic lupus erythematosus (SLE), gout, ankylosing spondylitis, vasculitis, and systemic sclerosis. Her advanced musculoskeletal imaging and clinical immunology training allow her to deliver precise, evidence-based treatments for complex rheumatological conditions. After completing her MBBS and MD in Internal Medicine, Dr. Anusha pursued a DM in Clinical Immunology and Rheumatology. She holds an MRCP (UK) Specialty Certificate Examination (SCE) in Rheumatology and is a certified Fellow of the European League Against Rheumatism (EULAR) with specialised training in musculoskeletal imaging. She is also a life member of the Indian Rheumatology Association and Indian Medical Association, reflecting her deep commitment to professional excellence and lifelong

learning. At Manipal Hospital Kanakapura Road, Dr. Anusha provides personalised, multidisciplinary care to patients with chronic joint pain, autoimmune disorders, and systemic inflammatory conditions. She uses advanced biologic therapies and intra-articular injections to manage complex inflammatory arthritis, offering targeted relief and improving long-term outcomes. Her integrated approach also includes physical rehabilitation, lifestyle counselling, and patient education to enhance quality of life and functional independence. Dr. Anusha has particular expertise in managing connective tissue diseases that affect multiple organs, including lupus nephritis, interstitial lung diseases associated with autoimmune disorders, inflammatory myopathies, and Sjögren's syndrome. She also addresses autoimmune complications like recurrent pregnancy loss due to antiphospholipid syndrome (APS), post-viral arthritis, and vasculitis syndromes with a holistic, patient-centric approach. Dr. Anusha collaborates closely with other specialists to ensure comprehensive care, especially in patients with overlapping autoimmune and systemic conditions. She is deeply involved in clinical research and continuous medical education. She regularly attends national and international rheumatology conferences. She also mentors young clinicians and contributes to academic forums within the hospital setting. Dr. Anusha speaks multiple languages, enabling effective communication with patients from diverse backgrounds and delivering culturally competent care.

Field of Expertise

- Rheumatologists specialise in the diagnosis and management of autoimmune and inflammatory diseases that affect the joints, muscles, and bones, but they also treat systemic conditions that involve the immune system.

Languages Spoken

- English
- Telugu
- Kannada
- Hindi
- Tamil