

DR. BHAVYA N

Consultant - Internal medicine

Qualification

MBBS | MD (Internal Medicine)

Overview

Dr. Bhavya N is an experienced internal medicine specialist in Bangalore. She is currently practising as a Consultant - Internal Medicine at Manipal Hospital Kanakapura Road. With over 10+ years of experience in general medicine, Dr. Bhavya N brings a high level of clinical expertise, diagnostic precision, and patient-centred care to her practice. She is known for her deep understanding of complex medical conditions and for offering strategic and evidence-based treatment to a diverse patient population, with a focus on preventive healthcare, disease reversal, and the emerging precision and longevity medicine field. Dr. Bhavya completed her MBBS, followed by an MD in Internal Medicine, and has consistently demonstrated excellence in managing a broad spectrum of acute and chronic conditions. Her special interest in longevity medicine reflects her forward-thinking approach to healthcare. Currently pursuing a Fellowship in Longevity Medicine from the American Academy of Anti-Ageing Medicine, Dr. Bhavya is committed to integrating this advanced knowledge into her clinical practice. She advocates for early intervention, lifestyle optimisation, and targeted therapies that promote healthy ageing and extend the

quality of life for her patients. Dr. Bhavya adopts a holistic and patient-focused approach, carefully evaluating each case to craft personalised treatment plans that address immediate concerns and support long-term health outcomes. Known for her sharp diagnostic acumen, Dr. Bhavya has played a critical role in identifying and managing complex internal medicine cases. Her expertise includes managing infectious diseases, diabetes, lifestyle-related disorders, and metabolic syndromes. She effectively synthesises clinical information, leading to accurate diagnoses and timely interventions. Over the years, Dr. Bhavya has taken on roles in teaching and mentoring, supervising undergraduate and postgraduate medical trainees. Her contributions to the medical field extend beyond clinical care. She has written and published several scientific articles in reputed journals and is a familiar voice in public health awareness campaigns. Her ability to communicate medical information relatably and transparently makes her a trusted advisor among her patients and the community. Dr. Bhavya strongly believes in empowering patients with the knowledge and tools to take control of their health through lifestyle changes, preventive strategies, and long-term wellness planning. With a vision for a healthier future, she continues to bridge modern medicine and proactive, personalised care. Dr. Bhavya N speaks English, Kannada, Telugu, and Hindi, allowing her to communicate effectively with a broad patient base.

Fellowship & Membership

- Fellowship In Longevity Medicine(FLM) From the American Academy of Anti-Ageing Medicine.

Field of Expertise

- Infectious Diseases, Diabetes

- Lifestyle Disease Reversal
- Precision And Longevity Medicine
- Internal Medicine
- Longevity & Personalized Medicine

Languages Spoken

- English
- Kannada
- Telugu
- Hindi

Awards & Achievements

- Secured Gold Medal And University Rank In RGUHS 2017.
- Gold Medal in General Medicine, Rajarajeshwari Medical College and Hospital, RGUHS (2017)
- Recognised for outstanding patient care, diagnostic acumen, and effective communication.

Talks & Publications

- A Study Of Association Between Microalbuminuria And Microvascular Complications In Type 2 Dm, The Journal Of Medical Sciences, January- March 2017.
- Study Of Prediction Of Ventilator Support In Organophosphorous Poisoning, The Journal Of Medical Sciences.
- 3. Study Of Clinical And Echocardiographic Profile In Patients With Chronic Kidney Disease, The Journal Of Medical Sciences.
- Thesis- “Study Of Association Between Microalbuminuria And Microvascular Com Plications In Type 2 Dm” Under The

Guidance Of Dr. Ajith Kumar. V, M.d Professor and Head of Unit, Department of General Medicine, RMCH, Bangalore.

- A Study Of Macrovascular And Microvascular Complications In Type 2 Dm, 34th Kapicon 2016, Mr Medical College, Kalaburagi.
- Lymphocytic Interstitial Pneumonitis In Sjogrens Syndrome, 34th Kapicon 2016, Mr Medical College, Kalaburagi.