



## **DR. J G AISHWARYA**

Consultant - ENT

### **Qualification**

MBBS | DLO | DNB (ENT)

### **Overview**

Dr. J G Aishwarya is a well-known ENT specialist in Kanakapura Road with extensive expertise in advanced otology, rhinology, endoscopic ENT surgery, and head and neck procedures. She is currently practising as a Consultant – ENT at Manipal Hospital Kanakapura Road, Bangalore. Dr. Aishwarya completed her MBBS at Government Vellore Medical College, Tamil Nadu, followed by a Diploma in Otorhinolaryngology (DLO) from Madras Medical College, Chennai. She subsequently pursued her DNB in ENT, strengthening her expertise across otology, rhinology, laryngology, and head and neck surgery. Her academic training was marked by exceptional merit, including distinction in ENT during MBBS, a Gold Medal in the A.K.S. Gold Medal Examination for DLO candidates in Tamil Nadu, 2nd rank in the DLO final examinations under Tamil Nadu Dr. MGR Medical University, and 3rd rank in the DNB final examinations. At Manipal Hospital Kanakapura Road, Dr. Aishwarya manages a wide range of ENT conditions involving both medical and surgical care. Her clinical expertise includes chronic sinusitis, nasal obstruction, recurrent throat infections, vertigo, hearing loss, sleep-disordered breathing, snoring,

thyroid disorders, and voice-related conditions. She routinely performs advanced endoscopic ear surgeries, functional endoscopic sinus surgery (FESS), adenotonsillectomy, thyroidectomy, rigid bronchoscopy, tracheostomy, and procedures for snoring and obstructive sleep apnoea. Dr. Aishwarya's expertise also extends into advanced diagnostic and procedural ENT care, including audiometry, tympanometry, hearing rehabilitation, laryngeal assessment, head and neck swelling evaluation, and biopsy procedures involving the oral cavity, larynx, lymph nodes, and salivary glands. She has additionally assisted in complex head and neck oncological surgeries, including partial glossectomy, maxillectomy, hemimandibulectomy, neck dissections, and total laryngectomy procedures performed within multidisciplinary tertiary-care settings. Her expertise in endoscopic ENT procedures and comprehensive head and neck evaluation makes her one of the best ENT specialists in Kanakapura Road for advanced ENT and airway-related care. Alongside her clinical work, Dr. Aishwarya has made substantial academic contributions to ENT research, particularly in endoscopic ear surgery, skull base anatomy, cholesteatoma surgery, parotid surgery, and robotic ENT procedures. She has authored and co-authored multiple publications in reputed journals, including the Indian Journal of Otolaryngology and Head & Neck Surgery and Laparoscopic, Endoscopic, and Robotic Surgery. She remains actively involved in academic learning and surgical skill enhancement through conferences, cadaveric dissection workshops, and advanced ENT training programmes across India. Fluent in English, Kannada, Hindi, Tamil, and Malayalam, Dr. Aishwarya ensures clear communication and detailed patient counselling across diverse patient groups. Her structured clinical approach, surgical precision, and extensive academic involvement continue to strengthen her reputation in advanced ENT and head and neck care.

### **Fellowship & Membership**

- Indian Academy of Otolaryngologists & Head and Neck Surgery
- Association of Otolaryngologist in India

### **Field of Expertise**

- Endoscopic Ear Surgeries
- Endoscopic Sinus Surgery
- Adenoid and Tonsil Surgeries
- Snoring and Sleep Apnea Surgery Thyroidectomy
- Treatment for Ear Infections Vertigo and Giddiness Evaluation  
Throat Pain
- Sinusitis
- Headache Evaluation
- Head and Neck Swelling Evaluation
- Hearing Loss Treatment
- Voice Disorders
- Adenoid and Tonsil Treatment Snoring and Sleep Apnea  
Evaluation and Treatment.

### **Languages Spoken**

- English
- Kannada
- Hindi
- Tamil
- Malayalam

### **Awards & Achievements**

- Distinction in ENT and General Medicine in MBBS.

- Winner in Quiz conducted by Indian Academics of Paediatricians - Tamilnadu Branch - 2010.
- Gold Medal in A.K.S Gold Medal Examination for D.L.O candidates of Tamilnadu - 2016.
- 2nd place in DLO final examination - TN Dr. MGR medical University.
- Second Price in Poster Presentation - CANCON 2019.
- 3rd place in DNB final examination.

### Talks & Publications

- Aishwarya, J.G., Nair, S., Patil, C.N. et al. Peripheral T Cell Lymphoma of Parotid Gland: A Diagnostic Challenge. *Indian J Otolaryngol Head Neck Surg* 71, 533-536 (2019). <https://doi.org/10.1007/s12070-018-1382-8>.
- Aishwarya J G, Nair S, Anoop P, Shivakumar S, Patil AR, Babu S. Otologic presentation of multiple myeloma with isolated temporal bone involvement: Diagnostic and therapeutic implications. *Ann Indian Acad Otorhinolaryngol Head Neck Surg*. 2019;3:45-8.
- Aishwarya J G, Shah AS, Nair S, Kumar S, Kumar S, Brijith KVR, Srivastava N, Ibrahim A. Safe surgical zone during TORS radical tonsillectomy: An anatomical and radiological study. *LEERS*. 2020;3(2):34-38. <https://doi.org/10.1016/j.lers.2020.04.002>.
- Nair, S., Aishwarya, J.G. Endoscopic Ear Surgery: Our Experience. *Indian J Otolaryngol Head Neck Surg* (2020). <https://doi.org/10.1007/s12070-020-02042-1>.
- Ibrahim, A., Kumar, S., Patil, A.R., Aishwarya J.G., Shah A.S., Nair S. Radiological and cadaveric study of anatomical safe zone for the transoral base of tongue surgery. *J Robotic Surg* (2020). <https://doi.org/10.1007/s11701-020-01164-6>.
- Brijith, K.V.R., Aishwarya, J.G., Shah, A.S., Nair S. Modified CT

- Scan Scoring System for Evaluating Symptom Severity of Chronic Rhinosinusitis. Indian J Otolaryngol Head Neck Surg (2020). <https://doi.org/10.1007/s12070-020-02259-07>.
- Nair S, Brijith KVR, Aishwarya J.G, Pavithra V. Transcanal endoscopic excision of tympanic paraganglioma: A three-case series. Laparoscopic, Endoscopic and Robotic Surgery. 2020. <https://doi.org/10.1016/j.lers.2020.10.001>.
  - Shah, A.S., Nair, S., Pavithra, V. et al. Anatomical and Surgical Study to Evaluate the Accuracy of “C-M-S” Technique in Facial Nerve Identification During Parotid Surgery. Indian J Otolaryngol Head Neck Surg 73, 188–192 (2021). <https://doi.org/10.1007/s12070-020-02329-3>.
  - Nair, Satish & JG, Aishwarya & Warriar, Nagamani & V, Pavithra & Jain, Aditya & Shamim, Mehrin & Ramanathan, Krishna & Vasu, Pooja. (2021). Endoscopic ear surgery in middle ear cholesteatoma. Laparoscopic, Endoscopic and Robotic Surgery. 4. [10.1016/j.lers.2021.01.004](https://doi.org/10.1016/j.lers.2021.01.004).
  - Nair, S., Aishwarya, J.G., Vasu, P.K. et al. Outcomes of Totally Endoscopic Versus Microscopic Techniques in Middle Ear Cholesteatoma: A Systematic Review and Meta-Analysis. Indian J Otolaryngol Head Neck Surg (2021). <https://doi.org/10.1007/s12070-021-02869-2>.
  - Nair, S., Aishwarya, J.G., Jain, A. et al. Mini-Incision Parotidectomy-Our Technique. Indian J Otolaryngol Head Neck Surg (2021). <https://doi.org/10.1007/s12070-021-02882-5>.
  - Nair, S., Srivastava, N., Brijith, K.V.R. et al. Surgical Landmarks for Parapharyngeal Internal Carotid Artery During Extended Endoscopic Surgery of Nasopharynx: A Cadaveric and Radiological Study. Indian J Otolaryngol Head Neck Surg (2021). <https://doi.org/10.1007/s12070-021-02508-w>.
  - Endoscopic excision of petrous apex cholesteatoma - A therapeutic Challenge - Aishwarya J G, Muthukumar. : E-journal - Tamilnadu Dr MGR University website.

- Vasu PK, Nair S, Aishwarya JG, Sameema VV, Geethu KP. Cog - A Radiological Indicator in Identifying Dysventilation Syndrome. Indian J Otolaryngol Head Neck Surg. 2023 Apr;75(Suppl 1):419-423.