

DR. SNEHA S

Consultant - Internal Medicine

Qualification

MBBS | MD (General Medicine)

Overview

Dr. Sneha S is an experienced internal medicine specialist in Kanakapura Road, Bangalore, practising as a Consultant – Internal Medicine at Manipal Hospital Kanakapura Road. With nearly 10+ years of clinical experience, Dr. Sneha brings a comprehensive and compassionate approach to diagnosing and managing a wide range of adult medical conditions. Her commitment to evidence-based care and her passion for academic medicine make her a trusted physician among both patients and peers. Dr. Sneha earned her MBBS and MD in General Medicine from Kasturba Medical College, Manipal, under MAHE University, developing a robust foundation in both clinical practice and academic medicine. Her areas of expertise include the management of diabetes, endocrinology, haematological disorders, and infectious diseases, as well as caring for critically ill patients in ICU settings. She has a strong background in handling complex internal medicine cases, ensuring patients receive comprehensive care that is both timely and tailored. In addition to her clinical responsibilities, Dr. Sneha has contributed significantly to medical education and research. As an Associate Professor in the Department of Internal Medicine at MAHE,

she taught and mentored numerous medical students, inspiring the next generation of clinicians. Her commitment to research is evident in her prolific academic contributions, which include multiple national and international publications. Her notable works address critical topics ranging from cardiac metastasis in thyroid carcinoma to vancomycin-resistant infections, COPD-related heart dysfunction, and COVID-19-related cardiovascular complications. Dr. Sneha's research excellence has been recognised at prestigious forums, including the National RSSDI Conference, where she was awarded Best Poster in 2014. Her academic rigour and hands-on clinical insight make her particularly adept at bridging the gap between medical theory and bedside practice. She remains a life member of the Association of Physicians of India, further reflecting her active engagement in continuous professional development and peer collaboration. Known for her empathetic communication and patient-first philosophy, Dr. Sneha focuses on delivering care that is holistic, culturally sensitive, and aligned with each patient's long-term well-being. Whether managing chronic diseases or complex infectious conditions, she ensures that every patient receives thoughtful, well-rounded medical attention grounded in the latest clinical standards.

Fellowship & Membership

- Postgraduate Programme in Cardiology (John Hopkins University School of Medicine and MESF of New York INC)
- Completed course on Practical Guidance on Comprehensive Diabetes Management from TOTALL Diabetes Hormone Institute, Indore

Field of Expertise

- General Internal Medicine

- Diabetes and Endocrinology
- Cardiology (Non-interventional)

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- Multiple medals in MBBS (ENT, General Medicine, OBG)
- 2nd Prize in KAPICON Quiz 2013
- Best Poster at RSSDI 2014
- Served as Assistant Professor and Associate Professor at KMC Manipal
- Active involvement in UG & PG teaching

Talks & Publications

- Sudhakar RM, Sneha S, Tom D, Lakshmi R. Cardiac metastasis and right ventricular outflow tract obstruction in anaplastic carcinoma of the thyroid. Med J DY Patil Univ 2015;8:502-4.
- Rao, Raghavendra and Seshadri, Shubha and Seshadri, Sneha and Patil, Navin and Rao, Karthik and Nayak, Vinod C and Dsouza, Haniel Larson and Jaunky, Chaitan (2016) Fatal poisoning with colchicum autumnale: A case report. Research Journal of Pharmaceutical, Biological and Chemical Sciences, 7 (1). pp. 1760-1762. ISSN 0975-8585.
- Seshadri, Sneha and Rao, Raghavendra and Patil, Navin and Seshadri, Shubha and Balaji, O and Amita, and Rao, Karthik N

and Ahmed, Talha (2016) An Unusual Case of Hyponatremia Causing Rhabdomyolysis. Research Journal of Pharmaceutical, Biological and Chemical Sciences, 7 (1). pp. 1658-1661.

- Naik N, M Rao S, S S, Reddy S. The Classical Holt Oram Syndrome. Journal of Cardiovascular Disease Research. 2016;7(1):53-55.
- Sneha S, Venishetty S, Seshadri S, Rao MS, Mukhopadhyay C. An Unusual Occurrence of Methicillin-Resistant Staphylococcal Endocarditis with Vancomycin Creep Phenomenon – A Therapeutic Challenge. Journal of Clinical and Diagnostic Research : JCDR. 2016;10(12):OD12-OD14. doi:10.7860/JCDR/2016/21709.9085.
- Acharya V, Mugularao S, Seshadri S, Shetty RK. Assessment of diastolic dysfunction parameters and cardiac chamber size in smokers with COPD: A case-control study. Journal of Clinical and Diagnostic Research. 2018 Jan 1;12(1):OC10-OC13. https://doi.org/10.7860/JCDR/2018/29204.11137
- Sneha S, Rao MS, Vidyasagar S, Seshadri S. Correlation between HDL Level with Clinical and Biochemical Markers of Atherogenesis [Internet].2019 January [Cited September18, 2020];13(1):OC04-OC07.
- Mark K, Hyder S, Rashid M, et al. Survival benefits of N-Acetylcysteine in rodenticide poisoning: Retrospective Evidence from an Indian tertiary care setting [published online ahead of print, 2020 May 12]. Curr Clin Pharmacol. 2020;10.2174/1574884715666200513090634. doi:10.2174/1574884715666200513090634.
- Bhat R, Kamath NS, Rao R, Sneha S. Varicella pneumonia masquerading as interstitial lung disease: Non-specific interstitial pneumonitis. SAGE Open Medical Case Reports. 2021;9. doi:10.1177/2050313X211059293.
- Lalani K, Seshadri S, Samanth J, Thomas JJ, Rao MS, Kotian N, Satheesh J, Nayak K. Cardiovascular complications and

predictors of mortality in hospitalized patients with COVID-19: a cross-sectional study from the Indian subcontinent. Trop Med Health. 2022 Aug 18;50(1):55. doi 10.1186/s41182-022-00449-w. PMID: 35982484; PMCID: PMC9385411.