

## **DR. ANJANA RAVINDRANATH**

Consultant - Emergency medicine

## Qualification

MBBS | MRCEM (UK) | Fellowship in Critical Care

#### **Overview**

Dr. Anjana Ravindranath is an experienced emergency medicine specialist with over 10+ years of clinical experience, known for delivering swift, evidence-based, and protocol-driven care during critical situations. She is currently practising as a Consultant & Head - Emergency Medicine at Manipal Hospital Kanakapura Road, Bangalore. Her leadership at Manipal Hospital's Emergency Department ensures a structured and high-functioning emergency response environment that prioritises patient safety, accurate diagnosis, and timely intervention. She plays a pivotal role in enhancing emergency care standards across the board. Dr. Anjana's qualifications include MBBS, Membership of the Royal College of Emergency Medicine, UK (MRCEM), and a Fellowship in Critical Care. With advanced training in emergency medicine, she has developed a deep expertise in managing acute medical and surgical emergencies. Her special interests include advanced ventilator management, trauma stabilisation, procedural sedation, toxicology, and pediatric emergency care. She is also certified in Point-of-Care Ultrasound (POCUS) in emergency medicine, which enhances her ability to deliver rapid bedside assessments for critically ill patients. Dr. Anjana adopts a structured, protocol-based approach for handling emergencies such as cardiac arrests, respiratory failures, major traumas, acute neurological events, sepsis, and poisonings, ensuring effective and streamlined clinical decision-making. Under her guidance, the emergency department operates with advanced resuscitation tools, critical care protocols, and a well-trained interdisciplinary team, all of which are ready to act at a moment's notice. In addition to her clinical duties, Dr. Anjana plays an instrumental role in training and academic development. She serves as a faculty member and mentor for Basic Life Support (BLS), Advanced Cardiac Life Support (ACLS), and Advanced Trauma Life Support (ATLS) certifications under the American Heart Association. At Manipal Hospital, she also leads the Certified Course Training in Emergency Medicine (CCT-EM) under the Society for Emergency Medicine India (SEMI), training the next generation of emergency physicians and healthcare professionals. Dr. Anjana is also a certified Simulation Educator, using advanced simulation tools and high-fidelity manikins to train students in managing real-time clinical scenarios. Her efforts during the COVID-19 pandemic in conducting structured training programs for healthcare workers exemplify her commitment to public health and medical education. She regularly contributes to quality improvement initiatives, audits, and updates to national guidelines, enhancing emergency care standards. Dr. Anjana has actively contributed to national medical literature and conferences through workshops, academic chapters, and keynote presentations. She mentors aspirants for examinations like the Professional and Linguistic Assessments Board (PLAB) and Fellowship of the Royal College of Emergency Medicine (FRCEM), further strengthening her role as a clinical educator and educational leader. Her compassionate and calm demeanour, combined with strong leadership in critical moments, makes her one of the most trusted names in emergency medicine. Dr. Anjana Ravindranath speaks English, Hindi, Kannada, Tamil, and Malayalam, enabling her to connect with patients from diverse cultural and linguistic backgrounds effectively.

# **Field of Expertise**

- Advanced Ventilator Management
- Trauma Management, Procedural Sedation
- Pediatric emergency
- Toxicology and the critical Management of other medical Emergencies

# Languages Spoken

- English
- Hindi
- Kanada
- Tamil
- Malayalam