

DR. SUDHINDRA M RAO

Consultant - Orthopedics

Qualification

MBBS | Diploma in Orthopaedics | DNB - Orthopedics/Orthopaedic Surgery | MNAMS - Orthopaedics

Overview

Dr. Sudhindra M Rao is a profoundly skilled and experienced Specialist Orthopaedic Surgeon with skill in joint replacement medical procedures. Intensely working on the quality of life of his patients, Dr. Rao has committed his profession to giving great orthopaedic care and has gained notoriety for his careful abilities and humane methodology. Dr. Rao has a stellar educational resume. In 2002, he received his MBBS from J. S. S. Medical College in Mysore. In 2005, he continued his education by pursuing a Diploma in Orthopaedics at the Karnataka Institute of Medical Sciences (KIMS) in Hubli. He received his DNB in orthopaedics / orthopaedic surgery from the DNB board in New Delhi in 2012 to better his knowledge and abilities. Dr. Rao's participation in the Karnataka Medical Council demonstrates his dedication to continuing professional development. With a focus on joint replacement surgery, Dr. Sudhindra M Rao specialises in ACL reconstruction, hip replacement, and knee replacement. He understands the impact of sports injuries on individuals and offers physiotherapy for sports injury rehabilitation to aid in the recovery process. Additionally, he provides comprehensive arthritis

management to alleviate pain and improve joint function for patients who have arthritis. Dr. Rao also specialises in treating fractures, musculoskeletal infections, laminectomy, knee osteotomies, and spinal surgery. He is skilled in treating musculoskeletal issues and is dedicated to helping people restore mobility and live pain-free lives. He may also treat skeletal dysplasias and repair deformities, giving individualised care to each patient with complicated orthopaedic diseases. For the same reason, he is considered the best orthopaedist in Jayanagar, Bangalore. Dr. Sudhindra M. Rao ensures his patients receive the best treatment possible. To create customised treatment regimens for each patient, he takes the time to comprehend their particular requirements and problems. His patient-centred philosophy distinguishes his method by emphasising clear communication and well-informed choice-making. Dr. Rao can effectively connect with various patients thanks to his fluency in English, Kannada, and Hindi. He feels clear communication is crucial to building a solid doctor-patient connection and ensuring patients understand their diagnosis, treatment choices, and post-operative care. Dr. Sudhindra M. Rao has over ten years of expertise, and his patients respect and admire him. His knowledge, professionalism, and compassion are well-known. Numerous people have benefited from his dedication to providing top-notch orthopaedic care, enabling them to restore mobility and lead active lifestyles.

Field of Expertise

- Joint Replacement Surgeon

Languages Spoken

- English
- Kannada

- Hindi