

DR. H S SANTOSH

Consultant - Diabetes & Endocrinology

Qualification

MBBS | MRCP | FRCP | CCST (D&E)

Overview

Dr. H S Santosh is a highly experienced Consultant in Diabetes and Endocrinology who has an experience of 24 years in this field, of which 15 years are as a specialist. He is currently associated with Manipal Hospitals in Jayanagar, Bangalore. Furthermore, he has acquired professional knowledge in Islet Transplantation from Edmonton, Canada. In addition to his achievements, he was honoured with a fellowship from the Royal College of Physicians UK in 2016. Dr. Santosh's interests lie in managing adult and adolescent diabetes, including diabetic emergencies and insulin pump therapy. He has considerable training and experience in various specialities, including diabetes, endocrinology, and general internal medicine. Additionally, he specialises in antenatal and gestational diabetes. He also has ample experience handling lipid & metabolic disorders, obesity, and caring for patients who have undergone bariatric surgery. Dr. Santosh has built a reputation for his thorough approach, precise diagnosis, and compassionate patient care throughout his career. He has successfully treated several challenging medical problems, demonstrating his attention to detail and dedication to providing the best care possible.

Dr. Santosh completed his MBBS from Dr. B.R. Ambedkar Medical College, Bangalore 1999. He continued his education and earned the Membership of the Royal College of Physicians in 2006. His field of expertise is the management of various conditions, including thyroid disorders, diabetes mellitus, and osteoporosis. He is particularly knowledgeable in managing pituitary diseases, parathyroid, adrenal, and reproductive endocrinology. For the same reason, he is considered to be one of the best diabetologists in Bangalore. Dr. Santosh shares his knowledge and expertise through talks and publications apart from his clinical practice. He also finished a study on adult growth hormone insufficiency and osteoporosis at the University of Liverpool in the United Kingdom in 2011. One of his notable talks titled "Want to avoid diabetes? Doctor says follow these 10 steps" has gained attention, where he provides valuable insights on diabetes prevention. Because of his effort and commitment to the profession, he earned his CCT (Certificate of Completion of Training) in Endocrinology and Diabetes Mellitus from the Royal Colleges of Physicians in London. The Royal College of Physicians in London granted Dr. Santosh an FRCP in Endocrinology. Dr. H S Santosh is a highly qualified and dedicated Consultant in Diabetes and Endocrinology. Fluent in multiple languages, Dr. Santosh can effectively communicate with patients from diverse backgrounds. He speaks Kannada, English, Telugu, Hindi, and Tamil, allowing him to deliver personalised treatment and build a good connection with his patients. He continues to influence the area by offering accurate diagnoses and successful treatment choices to his patients, owing to his vast training, knowledge, and sensitive approach to patient care.

Field of Expertise

- Management of diabetes mellitus, thyroid disorders and Osteoporosis, Managing Pituitary diseases, Adrenal, Parathyroid and Reproductive Endocrinology, Lipid & Metabolic Disorders

(Cholesterol), Obesity and care of patients post bariatric surgery. Complex Adult & Adolescent Diabetes Management including diabetic emergencies, Insulin Pump Therapy, Antenatal and Gestational diabetes

Languages Spoken

- Kannada
- English
- Telugu
- Hindi
- Tamil

Talks & Publications

- Want to avoid diabetes? Doctor says follow these 10 steps- Dr H S Santosh, Consultant - Diabetes & Endocrinology, Manipal Hospitals Jayanagar Click Here