

DR. RASHIKA REDDY

Consultant - Obstetrics & Gynaecology

Qualification

MBBS | DNB (OBG)

Overview

Dr. Rashika Reddy is a highly skilled and patient-focused obstetrician and gynaecologist in Jayanagar with expertise in minimally invasive procedures and high-risk pregnancy care. She is currently practising as a Consultant – Obstetrics & Gynaecology – at Manipal Hospital Jayanagar, Bangalore, with focused clinical training in managing a wide spectrum of women's health conditions. She completed her MBBS from Osmania Medical College, Hyderabad, followed by a DNB in Obstetrics & Gynaecology from the National Board of Examinations, New Delhi, where she underwent structured training in both obstetric and gynaecological care. Her clinical approach integrates careful evaluation with evidence-based management, particularly in areas requiring procedural precision. In her practice, Dr. Rashika Reddy focuses on prenatal and antenatal care, ensuring structured monitoring throughout pregnancy. She is trained in managing high-risk pregnancies, where close observation, timely investigations, and coordinated care play a critical role in maternal and fetal outcomes. Her expertise in this area contributes to her recognition as one of the best gynaecologists in Jayanagar for pregnancy care. She has

particular expertise in hysteroscopy and laparoscopy, performing minimally invasive procedures for diagnostic and therapeutic purposes. These approaches are commonly used in the management of conditions such as fibroids, ovarian cysts, and abnormal uterine bleeding, allowing for targeted treatment with reduced recovery time. Dr. Rashika Reddy also manages a range of gynaecological concerns, including irregular periods, PCOS, urinary tract infections, and reproductive health issues. Her approach focuses on identifying the underlying cause and providing structured treatment plans. She is also involved in infertility management, offering evaluation, counselling, and guidance on appropriate treatment pathways. Her clinical scope includes MTP services, contraception counselling, and preventive oncology, with an emphasis on screening and vaccination for early detection and prevention of gynaecological cancers. Her expertise across these areas positions her among the best gynaecologists in Jayanagar for comprehensive women's health services. Fluent in English, Telugu, Kannada, and Hindi, she ensures clear and comfortable communication during consultations. At Manipal Hospital Jayanagar, she provides structured, patient-focused care with attention to both clinical accuracy and individual needs.

Field of Expertise

- Gynaecology
- Cancer Screening and Vaccination
- Breast cancer
- Irregular Periods
- Abnormal Uterine Bleeding
- Polycystic Ovary Syndrome (PCOS)
- Fibroids
- Endometriosis
- Cervical Dysplasia
- Tubal Blockage

- Urinary Incontinence & Infections
- Menopause
- Pregnancy - Prenatal Antenatal care
- High-risk obstetrics
- Hysteroscopy-Laparoscopy

Languages Spoken

- Kannada
- Hindi
- English
- Telugu