



## **DR. SHASHIKALA HANDE**

Consultant - Obstetrics & Gynaecology

### **Qualification**

MBBS | MD (Obs - Gyn) | MRCOG

### **Overview**

Dr. Shashikala Hande is a highly distinguished obstetrician and gynaecologist in Jayanagar, currently practising as a Consultant - Obstetrics & Gynaecology at Manipal Hospital Jayanagar, Bangalore. With an illustrious career spanning over 34+ years, Dr. Shashikala brings a wealth of international and domestic expertise in providing comprehensive, evidence-based care for women across all stages of life. Her academic credentials are of the highest calibre, including an MBBS from the Kempegowda Institute of Medical Sciences, an MD in Obstetrics and Gynaecology, and the prestigious MRCOG from the Royal College of Obstetricians and Gynaecologists, United Kingdom. Dr. Hande is renowned for her surgical precision and empathetic approach to patient care. Her clinical proficiency encompasses a wide spectrum of specialised services, including high-risk pregnancy management, recurrent miscarriage evaluation, and complex labour ward care such as instrumental deliveries and obstetric emergencies. As a skilled obstetrics and gynaecology surgeon in Jayanagar, she specialises in both elective and emergency procedures, including caesarean sections, myomectomies, ovarian cystectomies, and both abdominal

and vaginal hysterectomies. Beyond operative care, she is an expert in managing menstrual disorders, infertility treatments, family planning counselling, and preventive cancer screenings. A strong advocate for clinical excellence and patient safety, Dr. Shashikala Hande has contributed to clinical governance, including mortality and morbidity reviews and the development of healthcare policies. Her commitment to the medical fraternity is further reflected in her extensive background as an educator, having mentored numerous junior doctors, postgraduate students, and nursing staff. She is also a frequent faculty member and delegate at major national and international conferences, staying at the forefront of medical advancements in areas such as urogynaecology, foetal medicine, and gestational disorders. In addition to her clinical roles, Dr. Shashikala Hande is deeply committed to community health, frequently conducting educational talks on women's sexual and reproductive health and volunteering her services for charitable rural clinics. Fluent in English, Hindi, Kannada, and Telugu, she ensures clear and culturally sensitive communication with her patients, fostering an environment of trust and holistic healing. At Manipal Hospital Jayanagar, Dr. Hande continues her mission of delivering world-class, patient-centred gynaecological and obstetric solutions, making her one of the best obstetricians and gynaecologists in Jayanagar.

### **Field of Expertise**

- Gynaecology
- Cancer Screening and Vaccination
- Breast Cancer
- Irregular Periods
- Abnormal Uterine Bleeding
- Polycystic Ovary Syndrome (PCOS)
- Fibroids
- Endometriosis

- Cervical Dysplasia
- Tubal Blockage
- Urinary Incontinence & Infections
- Menopause

### **Languages Spoken**

- Kannada
- Hindi
- English