

DR. SHASHIKALA HANDE

Consultant - Obstetrics & Gynaecology

Qualification

MBBS | MD (Obstetrics & Gynaecology) | MRCOG (UK)

Overview

Dr. Shashikala Hande is an expert obstetrician and gynaecologist in Jayanagar, Bangalore, with over three decades of international and domestic clinical expertise. She provides comprehensive evidence-based care for women across all stages of life. Her core areas of focus include high-risk pregnancy management, recurrent miscarriage evaluation, complex labour ward care, and advanced gynaecological surgeries. Dr. Hande is committed to clinical excellence, patient safety, and holistic healing. Beyond her operative care, she actively engages in clinical governance, medical education, and community health initiatives, ensuring that each patient receives tailored, culturally sensitive, and world-class obstetric and gynaecological care.

Field of Expertise

- High-risk pregnancy management & obstetric emergencies
- Complex labour ward care (instrumental deliveries, elective & emergency caesarean sections)
- Gynaecological surgeries (myomectomies, ovarian cystectomies, abdominal & vaginal hysterectomies)

- Menstrual disorders, abnormal uterine bleeding & irregular periods
- Polycystic Ovary Syndrome (PCOS), fibroids & endometriosis
- Infertility treatments & tubal blockage
- Preventive cancer screenings, vaccination, breast cancer & cervical dysplasia
- Menopause management, urinary incontinence & infections
- Family planning counselling

Languages Spoken

- English
- Kannada
- Hindi
- Telugu

Talks & Publications

- Frequent faculty member and delegate at major national and international conferences.
- Stays at the forefront of medical advancements in urogynaecology, foetal medicine, and gestational disorders.
- Conducts educational talks on women’s sexual and reproductive health.