

DR. NISCHITH D S

Consultant - Orthopaedics

Qualification

MBBS | MS (Orthopaedics)

Overview

Dr. Nischith D S is an experienced orthopaedic surgeon in Jayanagar, Bangalore, who specialises in arthroplasty, arthroscopy, sports medicine, and complex orthopaedic trauma. With a strong background in joint replacement and sports injury management, Dr. Nischith is known for delivering precise, patient-focused care using the latest surgical techniques and evidence-based practices to treat high-impact sports injuries, complex joint replacements, and polytrauma cases. Dr. Nischith focuses on restoring function, relieving pain, and improving the quality of life for his patients. He works closely with multidisciplinary teams, including physiotherapists, pain specialists, and rehabilitation experts, to ensure that every patient receives a comprehensive, personalised treatment plan.

Fellowship & Membership

- Fellowship in Arthroplasty (18 months), Sanjay Gandhi Institute of Trauma and Orthopaedics (SGITO), Bangalore (RGUHS-accredited).
- Fellowship in Arthroscopy and Sports Medicine.

Field of Expertise

- Arthroplasty (Hip, Knee, Shoulder, and Revision surgeries)
- Arthroscopy & Sports Injuries
- Orthopaedic Trauma & Complex Fracture Fixation (ORIF, Intramedullary Nailing)
- Hip Salvage
- Spine Surgery (Posterior instrumentation, discectomy, spondylolisthesis reduction with fusion)

Languages Spoken

- English
- Hindi
- Kannada
- Tamil

Awards & Achievements

- Paper Presentations at KOACON & GOSICON
- Cleared all MBBS phases in first attempt

Talks & Publications

- Presented research papers at prominent state and national orthopaedic conferences, including KOACON, GOSICON, and IOACON (Topics: scaphoid nonunion management, bone density for osteoporosis).
- Co-authored a published meta-analysis evaluating the efficacy and safety of mesenchymal stem cells in knee osteoarthritis
- Achieved academic excellence by clearing all phases of MBBS

in the first attempt.