

DR. SOMASHEKAR D

Consultant - Spine Surgery

Qualification

MBBS | MS Orthopedics | DNB Orthopedics | FNB Spine

Overview

Dr. Somashekar D is an experienced spine surgeon in Bangalore. He is currently practising as a Consultant - Spine Surgery at Manipal Hospital Jayanagar, Bangalore. With nearly 10+ years of expertise in spine care, Dr. Somashekar has established himself as a highly skilled spine surgeon, contributing to over 1,500+ spine surgeries independently, ranging from simple decompressions to complex spinal reconstructions. His practice is deeply rooted in precision-based techniques and evidence-guided clinical protocols, ensuring both safety and long-term functional outcomes for his patients. He is a top spine surgeon in Jayanagar. Dr. Somashekar holds a MBBS degree from Kurunji Venkatramana Gowda Medical College, Sullia, Karnataka. He went on to complete his MS in Orthopaedics from BMCRI, Bangalore, followed by a DNB in Orthopaedics. He further pursued an FNB in Spine Surgery from a nationally accredited spine training program and later specialised in Endoscopic Spine Surgery through advanced training in South Korea. His academic background demonstrates his commitment to deepening his knowledge and refining his surgical skills. He specialises in treating complex spinal disorders such as disc herniation,

degenerative spine disease, scoliosis, spine trauma, infections, and tumours. His surgical portfolio includes a wide range of minimally invasive spine surgery, spinal endoscopy, and advanced instrumentation techniques. Dr. Somashekar combines traditional surgical expertise with the latest in spinal technology to deliver optimal results while ensuring minimal post-operative discomfort and faster recovery. A firm believer in conservative management where possible, Dr. Somashekar offers a patient-first approach that begins with thorough diagnosis, education, and shared decision-making. He works closely with patients to help them understand their spine condition and empowers them with evidence-based treatment plans tailored to their lifestyle and functional needs. His holistic approach extends beyond surgery, encompassing long-term spine health, rehabilitation, and preventive care. At Manipal Hospital Jayanagar, Dr. Somashekar is known for his compassionate patient care, clear communication, and clinical precision. He frequently manages patients with chronic back pain, sciatica, cervical and thoracic spinal issues, and inflammatory/infectious spine disorders. His expertise in minimally invasive and motion-preserving techniques has been especially beneficial for younger, active individuals seeking quicker recovery and preservation of spinal mobility. Fluent in English, Kannada, and Hindi, Dr. Somashekar ensures every patient feels heard and understood throughout their treatment journey, regardless of language or background. He actively participates in academic forums and training programs to stay abreast of evolving trends in spinal surgery. His surgical outcomes are complemented by his calm, empathetic manner, which puts patients at ease and fosters lasting trust, making him the best spine surgeon in Jayanagar.

Fellowship & Membership

- FNB Spine (Park Clinic, Kolkata)
- Endoscopic Spine Surgery (South Korea)

Field of Expertise

- Disc problems
- Sciatica
- Spine trauma
- Neck pain and back pain
- Cervical and thoracic spine disorders
- Degenerative spine diseases
- Scoliosis, kyphosis and spinal deformities
- Paediatric spine deformities and paediatric spine problems
- Non-operative management of neck and back pain
- Spinal injections
- Minimally invasive and endoscopic spine surgery
- Spine infections
- Inflammatory spine disorders
- Spine tumours
- Comprehensive management of all spine-related problems

Languages Spoken

- English
- kannada
- Telugu
- Hindi
- Bengali
- Tamil

Talks & Publications

- 4 book chapters (Including 2 in AO Spine)