

DR. AKSHAY DHANDA

Consultant - Orthopaedics, Sports Medicine & Rehabilitation

Qualification

MBBS | MS (Ortho) | DNB (Ortho) | MNAMS | FASM | DIPLOMA IN FOOTBALL MEDICINE (FIFA)

Overview

Dr. Akshay Dhanda is one of the top orthopaedic and sports medicine doctors in Jayanagar, Bangalore, who specialises in knee and shoulder surgeries, joint replacement procedures, complex trauma management, and sports injury rehabilitation. Committed to evidence-based and patient-centred care, Dr. Dhanda utilises minimally invasive techniques and structured rehabilitation protocols to restore mobility and function. His clinical approach focuses on precise surgical intervention, tailored injury prevention, and comprehensive post-operative care for patients and athletes alike.

Fellowship & Membership

- Fellowship in Arthroscopy and Sports Medicine, Rajiv Gandhi University of Health Sciences (RGUHS)
- Fellowship in Upper Limb Arthroscopy, South Korea
- Fellowship in Pain Management, Daradia
- Diploma in Football Medicine, FIFA
- Member of National Academy of Medical Sciences (MNAMS)

- International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)

Field of Expertise

- Minimally invasive knee and shoulder arthroscopy (ACL reconstruction, meniscus repair, cartilage regeneration)
- Primary and complex hip and knee joint replacements
- Trauma surgery (complex fractures, joint dislocations, Ilizarov methodology)
- Sports injury management and athlete rehabilitation
- Paediatric orthopaedics (congenital deformities, Ponseti casting for clubfoot)

Languages Spoken

- English
- Hindi
- Kannada

Awards & Achievements

- 2nd Rank in Orthopaedics, Rajiv Gandhi University of Health Sciences (RGUHS)
- Gopalkrishnan Travelling Fellowship, Indian Arthroscopy Society