

DR. MUDDAPPA P. P.

Consultant - Plastic Surgery

Qualification

MBBS | MS - General Surgery | DNB - Plastic Surgery

Overview

Dr. Muddappa P. P. is a skilled plastic and reconstructive surgeon in Jayanagar. He is currently practising as a Consultant - Plastic Surgery at Manipal Hospitals, Jayanagar, Bangalore, bringing over 14+ years of clinical expertise to the care of patients with complex reconstructive, functional, and aesthetic needs. Dr. Muddappa’s clinical practice reflects a deep commitment to restoring both form and function through advanced reconstructive techniques. His core expertise spans trauma reconstruction, microsurgery, hand surgery, brachial plexus repair, diabetic foot surgery, and craniofacial reconstruction. Dr. Muddappa’s educational background demonstrates a strong academic foundation in surgery. He completed his MBBS from AJ Institute of Medical Sciences, Mangalore, followed by MS in General Surgery from Yenepoya Medical College, Mangalore. He then pursued DNB in Plastic Surgery through the National Board of Examinations, India. As one of the best plastic surgeons in Jayanagar, he manages complex limb salvage procedures, peripheral nerve injuries, post-traumatic deformities, and functional hand restoration. His approach integrates meticulous surgical planning, refined microsurgical skills, and a

compassionate understanding of the physical and emotional impact of reconstructive conditions. Clinically, Dr. Muddappa is well known for his expertise in microsurgery, particularly free flap reconstruction for trauma and oral cancer rehabilitation. He works closely with surgical oncologists to restore complex tissue defects following cancer resections. His hand surgery practice includes tendon transfers, nerve repairs, and functional reconstruction following trauma or neurological injury. In brachial plexus surgery, he provides advanced care aimed at restoring upper limb movement and sensation. He also performs cosmetic procedures and facial aesthetics, combining surgical precision with artistic judgement. His aesthetic work focuses on enhancing natural appearance while prioritising safety, proportion, and long-term outcomes. Academically, Dr. Muddappa has made meaningful contributions to plastic surgery research. His award-winning work on tendon transfers for thumb extension reflects his interest in functional hand reconstruction. He has presented research on free flap re-exploration and tendon transfer techniques at prestigious national forums, including APSICON and TANPAPS. His peer-reviewed publication on the evaluation of extensor pollicis brevis as a donor tendon for thumb extension transfer underscores his commitment to evidence-based surgical advancement. Dr. Muddappa’s clinical philosophy is firmly patient-centric. He believes in personalised treatment planning that considers functional needs, aesthetic goals, and psychosocial wellbeing. He prioritises clear communication, ensuring that patients understand their diagnosis, surgical options, expected outcomes, and recovery pathways. His careful surgical execution and attention to postoperative care aim to minimise complications and support optimal healing. Patients seeking the best plastic surgeon in Jayanagar often appreciate his empathetic counselling and structured decision-making approach. Dr. Muddappa speaks English, Kannada, Hindi, Malayalam, Tamil, and Kodava, enabling him to communicate effectively with a diverse patient population. His linguistic versatility supports culturally sensitive care

and builds trust with patients from varied backgrounds.

Field of Expertise

- Hand Surgery
- Trauma Reconstruction
- Microsurgery
- Cosmetic Surgery
- Facial Aesthetics
- Cleft and Craniofacial Surgery
- Brachial Plexus and Peripheral Nerve Surgery
- Diabetic Foot Surgery

Languages Spoken

- English
- Kannada
- Hindi
- Malayalam
- Tamil
- Kodava

Awards & Achievements

- Awarded the PG Best Paper Prize for “Evaluation of Extensor Pollicis Brevis as a donor for tendon transfer for thumb extension” at APSICON 2016, New Delhi.
- Awarded the McNeil Prize for Best Audio-Visual presentation for “Evaluation of Extensor Pollicis Brevis as a donor for tendon transfer for thumb extension” at APSICON 2016, New Delhi.

Talks & Publications

- Presented in the Award Paper category on “RE-exploration of Free Flaps: An audit of 227 consecutive Free Flaps in Trauma” at TANPAPS 2018, Ooty. “Evaluation of Extensor Pollicis Brevis as a donor for tendon transfer for thumb extension” at APSICON 2016, New Delhi. Bharadwaj P, Muddappa PP, Bindesh D, Sabapathy SR. Evaluation of extensor pollicis brevis as a donor tendon for thumb extension transfer. Indian J Plast Surg 2019; 52(02): 171-177