

DR. CHAITRA D

Consultant - Cardiology

Qualification

M.B.B.S | M.D | D.M (Cardiology)

Overview

Dr. Chaitra D is an experienced interventional cardiologist in Bangalore, currently practising as a Consultant - Cardiology at Manipal Hospital Jayanagar, Bangalore. With over 12+ years of experience in cardiology, Dr. Chaitra brings an exceptional blend of clinical acumen, interventional expertise, and academic contributions. She holds an MBBS degree and an MD - Paediatrics from Mysore Medical College, followed by a super-specialisation with a DM - Cardiology. She attended a week-long Observership Programme at the Cleveland Clinic, USA, in the Interventional Cardiology department. Throughout her training and professional career, Dr. Chaitra has consistently demonstrated an unwavering commitment to patient care and cardiovascular health. Dr. Chaitra’s core expertise lies in interventional cardiology, with a strong focus on coronary interventions, device closures such as atrial septal defect (ASD) and patent ductus arteriosus (PDA) closures, pacemaker implantation, and angioplasty. Her clinical approach is grounded in precision diagnostics and evidence-based treatment strategies, allowing her to manage a wide range of cardiovascular conditions, including ischemic heart disease, congenital

heart defects, arrhythmias, and heart failure. She has been consistently involved in high-volume outpatient care and advanced catheterisation procedures. Dr. Chaitra's clinical responsibilities have included managing patients in outpatient departments, intensive cardiac care units, wards, and non-invasive cardiology labs. Her proficiency in diagnostic modalities, including transthoracic and transesophageal echocardiography (TTE/TEE), treadmill testing (TMT), and Holter monitoring, reflects her comprehensive approach to cardiology. In addition to her clinical roles, Dr. Chaitra is passionate about academic medicine. She has actively contributed to postgraduate teaching, regularly teaching classes to cardiology residents and cardiac technologists. She is recognised for her participation in case discussions and involvement in seminars and clinical meetings, which helps shape the next generation of cardiologists. She received the 1st Prize in the Indian Heart Journal A V Gandhi Award for Excellence in Cardiology (2016) for the research on Tricuspid Annular Plane Systolic Excursion (TAPSE) in healthy Indian children. Dr. Chaitra is also appreciated for her patient-centric approach. She believes in thorough communication, helping patients and their families understand the diagnosis, treatment options, and long-term management plans. Her ability to simplify complex cardiovascular concepts for patients fosters trust and improves adherence to therapy. With decades of experience in cardiology, including several years as an interventional cardiologist, she is known as one of the top interventional cardiologists in Jayanagar, Bangalore, bringing both depth and precision to her practice.

Fellowship & Membership

- Indian College of Cardiology
- Indian Academy of Pediatrics

Field of Expertise

- Interventional Cardiology
- Pediatric Cardiology

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- 1st Prize in Indian Heart Journal A V Gandhi Award for Excellence in Cardiology (2016) for the research on Tricuspid Annular Plane Systolic Excursion (TAPSE) in healthy Indian children.
- Regular faculty member and educator for Cardiology residents and cardiac care technologists at Sri Jayadeva Institute of Cardiovascular Science and Research Centre.
- Actively involved in teaching clinical cardiology and interventional procedures, including device closures, pacemaker insertions, and coronary interventions.