

DR. BHAVYA N

Consultant - Internal Medicine

Qualification

MBBS | MD (Internal Medicine)

Overview

Dr. Bhavya N is a skilled internal medicine specialist in Bangalore with 8+ years of experience providing high-level strategic and quality care to a diverse patient population. She is currently practising as a Consultant - Internal Medicine at Manipal Hospital Jayanagar, Bangalore. Dr. Bhavya N brings a comprehensive and holistic approach to adult healthcare. Her medical practice is centred on providing accurate diagnoses, managing complex multisystem disorders, and offering personalised care plans to promote long-term wellness. Dr. Bhavya completed her MBBS at Sri Devaraj Urs Medical College and earned her MD in Internal Medicine from Rajarajeswari Medical College and Hospital in Bangalore. During her postgraduate training, she secured a Gold Medal and University Rank in General Medicine from RGUHS in 2017. She consistently maintains the same high standard of excellence in her clinical practice, along with providing patient education to empower patients to take an active role in their health journey. Her areas of expertise include managing chronic conditions like diabetes, hypertension, thyroid disorders, cardiovascular diseases, respiratory illnesses, gastrointestinal conditions, infectious diseases,

and autoimmune disorders. Dr. Bhavya is particularly skilled in identifying subtle symptoms and early indicators of disease, enabling timely care and effective treatment planning. A believer of preventive and personalized care, her approach includes not only medical management but also lifestyle counselling, health education, and coordination with multidisciplinary teams. Dr. Bhavya is widely recognised for her excellent bedside manner, empathetic communication, and ability to build trust with her patients. Her ability to explain complex medical concepts in a simple, reassuring manner allows her to connect with patients across all age groups and backgrounds. She places a high priority on continuity of care, ensuring that patients receive ongoing support through each stage of their health journey. In addition to her clinical work, Dr. Bhavya has made active contributions to medical education and research, supervising and training undergraduate and postgraduate medical students and publishing articles in various journals. Fluent in English, Kannada, Telugu, and Hindi, Dr. Bhavya ensures culturally sensitive and inclusive care for a diverse patient population. Her commitment to healthcare access extends beyond clinical practice through her dynamic involvement in community health outreach and volunteerism.

Fellowship & Membership

- Fellowship In Longevity Medicine(FLM) From the American Academy of Anti-Ageing Medicine.

Field of Expertise

- Infectious Diseases, Diabetes
- Lifestyle Disease Reversal
- Precision And Longevity Medicine
- Internal Medicine

- Longevity & Personalized Medicine

Languages Spoken

- English
- Kannada
- Telugu
- Hindi

Awards & Achievements

- Secured Gold Medal And University Rank In RGUHS 2017.
- Gold Medal in General Medicine, Rajarajeshwari Medical College and Hospital, RGUHS (2017)
- Recognised for outstanding patient care, diagnostic acumen, and effective communication.

Talks & Publications

- A Study Of Association Between Microalbuminuria And Microvascular Complications In Type 2 Dm, The Journal Of Medical Sciences, January- March 2017.
- Study Of Prediction Of Ventilator Support In Organophosphorous Poisoning, The Journal Of Medical Sciences.
- 3. Study Of Clinical And Echocardiographic Profile In Patients With Chronic Kidney Disease, The Journal Of Medical Sciences.
- Thesis- “Study Of Association Between Microalbuminuria And Microvascular Com Plications In Type 2 Dm” Under The Guidance Of Dr. Ajith Kumar. V, M.d Professor and Head of Unit, Department of General Medicine, RMCH, Bangalore.
- A Study Of Macrovascular And Microvascular Complications In

Type 2 Dm, 34th Kapicon 2016, Mr Medical College, Kalaburagi.

- Lymphocytic Interstitial Pneumonitis In Sjogrens Syndrome, 34th Kapicon 2016, Mr Medical College, Kalaburagi.