



DR. JUSTIN A GOPALDAS

Consultant - Critical Care Medicine

Qualification

MD | DNB (General Medicine) | MRCP

Overview

Dr. Justin A. Gopaldas is a critical care specialist in Bangalore, currently practicing as a Consultant -Critical Care Medicine at Manipal Hospital Jayanagar. With over a decade of experience, Dr. Justin is known for his unwavering commitment to excellence and patient-centric care in the field of critical care for his precision in diagnosis, compassionate approach, and innovative use of advanced medical technology. He is one of the best Consultant ICU & Critical Care Medicine in Jayanagar. On the academic front, Dr. Justin A. Gopaldas completed his MBBS, followed by a DNB in Internal Medicine. He then achieved an MRCP in Internal Medicine, further solidifying his expertise in the domain. His professional journey includes significant contributions to the field of internal and critical care medicine, particularly in managing emergencies and trauma cases. He has actively pursued research in critical care, notably as part of a medical team in Adelaide, Australia. There, he focused on the psychological effects of intensive care unit (ICU) stays on patients and their relatives, adding depth to his understanding of holistic patient care. Dr. Justin's areas of expertise include internal medicine, critical care medicine, and critical care

research. He is proficient in managing complex medical emergencies and trauma cases, leveraging cutting-edge technology for diagnosis and treatment to ensure optimal outcomes for his patients. He is adept at arterial blood gas analyses, pleurocentesis, pericardiocentesis, intercostal drainage, obtaining venous access under ultrasound guidance, lumbar puncture, and many other invasive procedures. A well-communicative professional, Dr. Justin can easily connect with patients from diverse backgrounds and empathetically approach them to understand their requirements. This ability to relate with individuals from different walks of life adds to his reputation as a compassionate and approachable doctor. His contributions to critical care research and clinical practice make him a highly sought-after critical care specialist in Bangalore, trusted by patients and colleagues alike. Dr. Justin A. Gopaldas exemplifies excellence in critical care medicine through his profound expertise, commitment to patient welfare, and drive to advance the field. His dedication to staying at the forefront of medical advancements is reflected in his numerous fellowships and memberships, including affiliations with Canadian Critical Care, the Indian Society of Critical Care Medicine (ISCCM), and the Australian Health Practitioner Regulation Agency (AHPRA).

Fellowship & Membership

- Canadian Critical Care
- ISCCM
- AHPRA

Field of Expertise

- Internal Medicine
- Critical Care Medicine
- Critical Care Research

Languages Spoken

- English
- Telugu
- Hindi
- Kannada

Talks & Publications

- City doctors call for setting up of rehabilitation centres for post Covid care - Dr. Justin A Gopaldas, Consultant - Critical Care Medicine, Manipal Hospitals, Jayanagar. [Click Here](#)
- Times Techies Webinar - Dr Justin A Gopaldas, Consultant - Critical Care Medicine, Manipal Hospitals, Old Airport Road. [Click Here](#)
- Covid positive? Consult doctor, don't panic and rush for Oxygen, ICU - Dr Justin A Gopaldas, Consultant, Critical care medicine, Manipal hospitals, Jayanagar. [Click Here](#)
- Dr. Justin A Gopaldas on Pregnant woman with severe Covid pneumonia saved by ECMO | Deccan Herald. [Click Here](#)