

DR. NIVEDITHA BALAKRISHNAN

Consultant - Emergency Medicine

Qualification

MBBS | DNB (Emergency Medicine) | MRCEM (UK)

Overview

Dr. Niveditha Balakrishnan is an emergency medicine specialist in Jayanagar, Bangalore. She leads time-critical interventions in acute care, bringing a precise, evidence-based approach to high-acuity resuscitation and critical patient stabilisation. Working closely with multidisciplinary teams, Dr. Niveditha guides emergency evaluations and procedure-driven care from immediate intake through stabilisation. Dr. Niveditha also coordinates time-critical interventions with multidisciplinary teams, oversees patient stabilisation, and end-of-life care while driving improvements in acute care protocols.

Fellowship & Membership

- Royal College of Emergency Medicine (UK)
- ACLS Instructor
- ATLS Instructor
- PALS Provider
- Active Member – Royal College of Emergency Physicians
- Editor – Indian Journal of Emergency Medicine
- National Board of Examinations in Medical Sciences (NBEMS)

- Society for Emergency Medicine India (SEMI)

Field of Expertise

- Advanced Ventilator Management
- Trauma Management
- Procedural Sedation
- Pediatric emergency
- Toxicology and the critical Management of other medical Emergencies
- Advanced ventilator management (NIV, mechanical ventilation)
- Advanced airway management (Endotracheal Intubation, Supraglottic Airways, Tracheostomy, Needle Cricothyroidotomy)
- Complex trauma management and procedural sedation
- Vascular access procedures (central lines, arterial lines)
- Pediatric emergency care and toxicological emergency management
- Invasive emergency procedures (ICD insertion, lumbar puncture) and diagnostic scan interpretation (CT/MRI/X-ray)

Languages Spoken

- English
- Hindi
- Kannada
- Tamil
- Telugu

Awards & Achievements

- Member of the Royal College of Emergency Medicine (MRCEM,

UK)
- ACLS Instructor (Advanced Cardiac Life Support)
- ATLS Instructor (Advanced Trauma Life Support)
- PALS Provider (Pediatric Advanced Life Support)

Talks & Publications

- Author of "Ventricular Bigeminy in Anaphylaxis Treated with Epinephrine" (IJEM)
- Editor for the Indian Journal of Emergency Medicine (IJEM)
- Author of "The REDS Score: A New Scoring To Risk Stratify Emergency Department Suspected Sepsis" (IJEM)
- Author of "Massive Pulmonary Embolism despite Anticoagulation in a Post-COVID Patient"