

DR. POORAN SHARMA

Consultant - Diabetes And Endocrinology

Qualification

MBBS | MD (General Medicine) | DrNB (Endocrinology)

Overview

Dr. Pooran Sharma is a highly accomplished Consultant Endocrinologist in Jaipur specialising in Metabolism and Diabetes, holding the prestigious DrNB in Endocrinology and Metabolism from Government Medical College, Srinagar, J&K. He further strengthened his foundation with an MD and MBBS from B.J. Medical College, Ahmedabad, and advanced his skills as a Fellow at AIIMS, New Delhi—one of India's premier institutions. With this robust academic trajectory, Dr. Sharma brings cutting-edge knowledge to the management of complex endocrine conditions, earning him recognition as a leading expert in Delhi-NCR and beyond. Dr. Sharma maintains active involvement in the global endocrinology community as a Member of the Endocrine Society (USA) and the Endocrine Society of India (ESI). These affiliations keep him connected to the latest research and innovations, ensuring his practice reflects world-class standards. His areas of interest span Academic Endocrinology, Clinical Endocrinology, Pituitary Disorders, Thyroid Disorders, Diabetes and Metabolic Diseases, and Clinical and Translational Research. Patients benefit from his comprehensive approach to thyroid imbalances, pituitary dysfunctions, and diabetes

management—tailoring treatments that address root causes while preventing complications like metabolic syndrome. Dr. Sharma excels in translating research into real-world care, offering personalised strategies for insulin resistance, hormonal therapies, and lifestyle interventions. Whether handling intricate cases of adrenal disorders or empowering patients with long-term diabetes control, his patient-centred philosophy combines empathy with evidence-based precision. Committed to excellence, Dr. Sharma continues to advance endocrine care through ongoing education and research, making him a trusted partner for optimal metabolic health. Dr. Pooran Sharma is renowned for his exceptional communication skills, effortlessly explaining complex endocrine conditions like diabetes, thyroid disorders, and pituitary issues in clear, empathetic terms that empower patients. Coupled with sharp decision-making, he swiftly navigates critical cases, delivering precise diagnoses and tailored treatment plans that optimize outcomes in metabolic care. His patients consistently appreciate this dedication, providing glowing feedback and testimonials that stand as a testament to his outstanding work and compassionate approach. Always keen on gathering the latest knowledge through continuous learning, Dr. Sharma focuses on refining clinical processes to elevate patient satisfaction, ensuring every interaction exceeds expectations.

Field of Expertise

- Diabetes
- Thyroid Disorders
- Pituitary Disorders
- Adrenal Gland Disorders
- Infertility
- Short Stature
- Delayed & Precocious Puberty
- Osteoporosis

Languages Spoken

- Hindi
- English