

DR. MINAL MOHIT VOHRA

Consultant - Internal Medicine

Qualification

MBBS | MD | Fellowship in Endocrinology

Overview

Dr. Minal Mohit Vohra is a highly respected Consultant in Internal Medicine at Manipal Hospital, Jaipur, with over a decade of clinical experience in managing complex disorders. Renowned for her patient-centric approach and academic excellence, she is widely regarded as one of the leading consultants in Jaipur, with a strong and sustained focus on diabetology across all age groups. She completed her MBBS (1998) and MD in Internal Medicine (2003) from JLN Medical College, Ajmer, laying a robust foundation in clinical medicine. Driven by a keen interest in hormonal and metabolic diseases, she pursued multiple advanced fellowships, including Fellowship in Diabetes and Endocrinology, Paediatric and Adolescent Endocrinology, and Diabetes India Fellowship. Her commitment to excellence is further reflected in her prestigious international recognitions, including Fellow of the Royal College of Physicians (Edinburgh and Glasgow). Dr. Vohra’s clinical expertise spans adult, pediatric, reproductive, and geriatric, with diabetes care forming the core of her practice. She has extensive experience in managing Type 1 and Type 2 diabetes, gestational diabetes, diabetes in pregnancy, diabetic dyslipidemia, and complex

insulin management, as well as long-term complication prevention. Her special interest in diabetes-related fertility issues, metabolic syndrome, obesity, and thyroid disorders allows her to deliver comprehensive, evidence-based care. An active member of numerous national and international endocrine and diabetes societies, including RSSDI, ADA, AACE, EASD, and Endocrine Society, Dr. Vohra remains deeply engaged with the latest advancements in diabetology. Her academic contributions include numerous national and international publications and conference presentations, many of which focus on glycemic control, diabetic complications, and metabolic health. Her excellence has been recognized with several accolades, notably the Best Doctor Award by the Jaipur Medical Association (2018) in the field of Diabetes and Endocrinology. Fluent in Hindi and English, Dr. Minal Mohit Vohra is known for combining scientific precision with compassionate care, making her a trusted name in advanced diabetes and endocrine management.

Fellowship & Membership

- National Medical Societies.
- Indian Medical Association (IMA).
- Jaipur Medical Association (JMA).
- Association of Physicians of India (API).
- Research Society for the Study of Diabetes in India (RSSDI).
- Diabetes India (DI).
- Indian Thyroid Society (ITS).
- Indian Women Medical Association (IWMA).
- Diabetes in Pregnancy Study Group of India (DIPSI).
- Indian Society of Paediatric and Adolescent Endocrinology (ISPAE).
- All India Association for Advancing Research in Obesity (AIAARO).
- Indian Society of Hypertension (ISH).

- Innovative Physician Forum.
- International Medical Societies.
- American Association of Clinical Endocrinologist (AACE).
- American Diabetes Association (ADA).
- American Thyroid Association (ATA).
- Endocrine Society (ES).
- American College of Physicians (ACP).
- Royal College of Physicians (RCP) Edinburgh.
- Royal College of Physicians (RCP) Glasgow.
- European Association for the Study of Diabetes (EASD).
- International Society of Pediatric and Adolescent Diabetes (ISPAD).

Field of Expertise

- Adult Endocrinology
- Pediatrics Endocrinology
- Reproductive Endocrinology
- Geriatric Endocrinology

Languages Spoken

- Hindi
- English

Awards & Achievements

- Best Doctor Award’ By Jaipur Medical Association In The Field Of Diabetes And Endocrinology - 2018
- Gold Medal in Forensic Medicine University of Rajasthan - 1997
- Silver Medal in Final M.B.B.S. University of Rajasthan - 1999

- Gold Medal in General Medicine, ENT, Ophthalmology, P & SM University Of Rajasthan - 1999
- Jaipur Chapter Award API, Rajasthan Chapter - 2000
- M. Chenna Reddy Award API, Rajasthan Chapter - 2001

Talks & Publications

- Mohit M. Infertility in Type 1 Diabetes Males. The 9th International Dip Symposium on Diabetes, Hypertension, Metabolic Syndrome & Pregnancy of Which Maternal Medicine Meets Fetal Medicine. Barcelona - 2018
- Mohit M. How To Switch Over From Insulin To Oha After Critical Case. Uprssdi - 2018
- Mohit M. "Glycemic Control & Fertility In Men With T1dm" : 12th National Congress Of Dipsi - 2017
- Mohit M. One-Year Real-Time Clinical Safety And Effectiveness Of Saroglitazar In Patients With Diabetic Dyslipidemia. Ada - 2017
- Mohit M. Endocrine Examination: Clinical Examination For Undergraduates: Icp Monograph General Examination & History Taking In Clinical Medicine - 2019
- Mohit M. Mineralocorticoid Hypertension: “Manual Of Hypertension 2ndedition” - 2019
- Mohit M. Hrt In Perimenopausal Women: Medicine Update - 2019
- Mohit M. Gh Recommendations In Aghd: Medicine Update - 2018
- Mohit M. Gestational Diabetes Mellitus to Diabetes Mellitus—A Window Of Opportunity: Textbook Of Rssdi - 2018
- Mohit M. Panhypopituitarism: Medicine Update - 2017
- Mohit M. Pcod With Physicians: Medicine Update - 2016
- Sehgal M. Goyal R. K. Diabetes In Elderly: Medicine Update -

2002; Vol 12
- Female Sexual Dysfunction: Medicine Update - 2020
- Clinical Inertia: International Journal Of Diabetes - 2020
- Reveral Of Diabetes – A Myth Or Reality: Rssdi Textbook - 2020
- Endocrine Markers: Icp Medicine Update - 2020
- Mohit M. Observational Study To Evaluate The Safety And Efficacy Of Saroglitazar In Diabeticdyslipidemia Patients With And Without Coronary Artery Disease (Cad). Jimi, April - 2017, Vol 11.
- Mohit M. Managing Persistent Hyperglycemia Is A Challenge For Patient And Physician. Cardiology Today Vol. Xxi No. 2 - 2017
- Sehgal M. Goyal R.K. Fever During Pregnancy-Common Causes & Management: Medicine Update - 2003; Vol 13.
- Sehgal M. Goyal R. K. Diabetes In Elderly: Medicine Update - 2002; Vol 12
- Sehgal M. Goyal R.K. Diabetes In Elderly: The Asian Journal Of Diabetology. April-May - 2002; Volume 4 No. 3: 8-14
- Sehgal M. Goyal R.K. Subacute Intestinal Obstruction: It May Be Gastroparesis Diabeticorum. Medicine Update, April - 2002; Volume 9 (12)
- Sehgal M. Goyal R.K. Dyslipidemia In Type 2 Diabetes Mellitus: Indian Medical Gazette, July - 2002; 7: 258-263
- Sehgal M. Goyal R.K. Nutritional Assessment In Type 2 Diabetics And Dietary Recommendations: Current Medical Trends - 2002; 8
- Sehgal M. Goyal R.K. Splenic Abscess In Enteric Fever-A Physician’s Approach. Current Medical Trends - 2002; 6: 1119-22
- Sehgal M. Goyal R.K. Antenatal Nutrition: Medicine Update - 2002; 12: 981-90
- Sehgal M. Goyal R.K. Role Of Physician In The Era Of Super Specialization: Souvenir Xii Annual Conference Of Association Of Physicians Of India, Rajasthan Chapter, October -2001;

29-32

- Sehgal M. Goyal R.K. Dyslipidemia – Diagnosis And Treatment Guidelines With Reference To Indian Population:Dobesil Online, May - 2001; Volume 17, 2-4