

DR. CHAITRA L

Consultant - Obstetrics & Gynaecology

Qualification

MBBS | MS (OBG/GYN) | FMAS | DMAS | FICRS

Overview

Dr. Chaitra L is an experienced OBG specialist in Bangalore, practicing as a Consultant - OBG at Manipal Indira Clinic. With a strong commitment to delivering comprehensive and compassionate women's healthcare, Dr. Chaitra brings deep expertise in managing various obstetric and gynaecological conditions. Whether managing normal deliveries, caesarean sections, fertility concerns, or chronic gynaecological issues, she remains focused on delivering outcomes that prioritise patient safety, dignity, and well-being. Dr. Chaitra completed her MBBS from Rajarajeswari Medical College & Hospital, Bangalore, and pursued her MS in Obstetrics and Gynaecology from Dr. B.R. Ambedkar Medical College & Hospital. To further enhance her capabilities, she earned FMAS, DMAS, and FICRS certifications from the World Laparoscopy Hospital. She also completed a Fellowship in Reproductive Health and Infertility, which equipped her with specialised skills in treating complex fertility issues with a patient-centric and empathetic approach. Dr. Chaitra's professional interests include high-risk pregnancy management, laparoscopic and hysteroscopic surgeries, fertility treatment, menstrual disorders,

polycystic ovarian syndrome (PCOS), and menopausal care. She is adept at performing various gynaecological procedures with precision, including diagnostic and operative laparoscopy, hysteroscopy, and minor and major gynaecological surgeries. She works with advanced reproductive technologies and offers fertility counselling to couples seeking assistance in conception. In her role at Manipal Indira Clinic, Dr. Chaitra collaborates closely with multidisciplinary teams, including fetal medicine experts, neonatologists, endocrinologists, and general physicians, to ensure comprehensive and safe maternal care. She is also deeply passionate about preventive care and women's health education. Her commitment to raising awareness about reproductive health, menstrual hygiene, and early detection of gynaecological conditions aligns with her goal of empowering women to take charge of their health. Known for her meticulous attention to detail and excellent surgical hands, Dr. Chaitra also believes in involving patients in their care journey and ensures they are well-informed and comfortable at every step of their care. Her clinical approach is rooted in evidence-based medicine, focusing on personalised care that supports women through every stage of life, from adolescence to menopause and beyond. Her training, dedication, and warm approach to patient care make Dr. Chaitra a trusted figure in obstetrics and gynaecology. She continues to upgrade her knowledge through ongoing training and keeps pace with advancements in minimally invasive techniques and reproductive medicine. Dr. Chaitra speaks Kannada, English, and Hindi, which allows her to engage meaningfully with patients from diverse linguistic and cultural backgrounds.

Fellowship & Membership

- Fellowship In Reproductive Health Infertility, 2021. Garbhagudi Institute Of Reproductive Health & Research, Bengaluru, Karnataka.

Field of Expertise

- OB/GYN procedures
- Laparoscopy
- Hysteroscopy
- Infertility procedure

Languages Spoken

- Kannada
- English
- Hindi

Talks & Publications

- Laparoscopic management of Ovarian cysts in pregnancy: Study of surgical and Obstetrics outcomes. IOSR Journals, Vol. 15, Issue 7, Ver. 5, July 2016.
- Renaissance of Art of Non Descent Vaginal Hysterectomy: IOSR Journals 2016.
- State poster presentation: Cervical Agenesis – a rare case report with bicornuate uterus. KASOGA 2016.