

DR. JYOTSNA MIRLAY

Consultant – Menopause & Midlife Health

Qualification

KMC Mangalore | MBBS - TMA Pai | MD - OB & GYN, Bangalore Medical College

Overview

Dr. Jyotsna Mirlay is an experienced infertility specialist in Bangalore who is currently associated with Manipal Indira Clinic, practicing as a Consultant – Menopause & Midlife Health. With a steadfast commitment to providing comprehensive reproductive care, Dr. Jyotsna has honed her expertise in diagnosing and managing infertility, ensuring that her patients receive timely, effective, and compassionate care. She is an infertility specialist in Indira Clinic. Dr. Jyotsna completed her MBBS at Kasturba Medical College, Mangalore, in 1987, where she was honoured as the TMA Pai Gold Medallist for the best outgoing student. She further specialised by obtaining her MD in Obstetrics & Gynaecology from Bangalore Medical College in 1991. These academic achievements laid a strong foundation for her career, equipping her with the clinical acumen and technical skills necessary to address complex reproductive challenges. Since 2010, Dr. Jyotsna has been in practice focusing on a spectrum of infertility services, including specialised consultations and counselling to identify the underlying causes of infertility and tailor personalised treatment plans. Her meticulous approach to treatment not only enhances the success rates

of these procedures but also ensures that patients are supported emotionally and physically throughout their journey. Dr. Jyotsna's dual focus on infertility and menopause care reflects her commitment to addressing the diverse aspects of women's reproductive health. Dr. Jyotsna's clinical expertise also encompasses the management of conditions such as polycystic ovary syndrome (PCOS) and other hormonal imbalances, which are common contributors to infertility. By integrating medical, surgical, and lifestyle interventions, she ensures that each treatment plan is uniquely tailored to the needs of her patients. Beyond her clinical practice, Dr. Jyotsna is passionate about education and mentorship. She takes pride in imparting her knowledge to budding healthcare professionals, helping them navigate the intricacies of reproductive medicine. Fluent in Kannada, English, Hindi, Tamil, Telugu, and French, she communicates effectively with a diverse patient population, ensuring that language barriers do not impede the delivery of quality care. Dr. Jyotsna's long-standing dedication to women's reproductive health has established her as a top infertility specialist in Bangalore. Her blend of academic excellence, extensive clinical experience, and compassionate care have not only transformed the lives of countless patients but also set a high standard for reproductive medicine. With a patient-first approach, she continues to innovate and refine her practice, striving to achieve the best possible outcomes for those she serves.

Field of Expertise

- Female Infertility
- Procedures Like IUI & IVF
- Menupause
- PCOS

Languages Spoken

- Kannada
- English
- Hindi
- Tamil
- Telgu
- French

Awards & Achievements

- TMA Pai - Gold Medallist for Best Outgoing Student