

DR. SANDHYA A

Associate Consultant - Emergency Medicine

Qualification

MBBS | MRCEM

Overview

Dr. Sandhya A (Dr. Sandhya Adavani) is a dedicated emergency medicine specialist in Hebbal, Bengaluru, bringing over 6 years of focused clinical experience across acute emergency medicine, resuscitation, and intensive medical care. Dr. Sandhya A is currently practising as an Associate Consultant – Emergency Medicine at Manipal Hospital Hebbal, Bengaluru, where she provides rapid clinical triage, emergency procedural care, and evidence-based stabilisation for patients presenting with life-threatening acute conditions. Known for her swift clinical assessment, procedural competence, and compassionate bedside approach, Dr. Sandhya is regarded as one of the best emergency medicine doctors in Hebbal, Bangalore. Dr. Sandhya completed her undergraduate medical education (MBBS) from JJM Medical College, Davanagere, Karnataka, completing her compulsory rotatory internship in 2011. Committed to international benchmarks in acute medical care, she earned the prestigious Membership of the Royal College of Emergency Medicine (MRCEM) from the Royal College of Emergency Medicine (RCEM), UK, in July 2023. She also completed the Emergency Medicine Foundation

Programme (EMFP) recognised by RCEM (UK). She maintains active medical registration with the Karnataka State Medical Council and is an active member of the Society for Emergency Medicine India. At Manipal Hospital Hebbal, Dr. Sandhya A manages a broad spectrum of acute medical, surgical, and traumatic emergencies. As a top emergency physician and trauma care specialist in Bangalore, her clinical competencies span rapid emergency resuscitation, management of acute respiratory failure, septic shock, cardiac emergencies, acute coronary syndromes, and polytrauma stabilisation. She holds comprehensive life support credentials accredited by leading global bodies, including certified provider status in Basic Life Support (BLS), Advanced Cardiac Life Support (ACLS), and Paediatric Advanced Life Support (PALS) from the American Heart Association (AHA), as well as Advanced Trauma Life Support (ATLS) from the American College of Surgeons. She holds permanent certification as a Point-of-Care Ultrasound (POCUS) provider accredited by the European Society of Ultrasonography. Her procedural expertise includes endotracheal intubations, central venous line insertions, arterial lines, intercostal drain (ICD) placements, emergency wound suturing, and nasogastric and urethral catheterisations. An active participant in academic emergency medicine, Dr. Sandhya continuously updates her clinical skills through national scientific platforms, having participated in major conventions including EMCON (2021) and SEMICON (2022). Fluent in English, Tamil, Kannada, Telugu, and Hindi, Dr. Sandhya combines clinical vigilance with empathetic, clear communication, ensuring that patients and their families receive rapid, transparent, and reassuring support during moments of acute medical crisis.

Fellowship & Membership

- EMFP

Field of Expertise

- ATLS
- Faculty For Critical Care Ultrasound Course
- Trauma Management
- Disaster Management
- Toxicological Emergencies Management
- Acute Medicine
- Difficult Airway Management
- Musculoskeletal Trauma Management
- ACLS
- PALS

Languages Spoken

- English
- Kannada
- Tamil
- Telugu
- Hindi

Talks & Publications

- Health effects associated with usage of personal audio devices and their perceived health impact- 2024.
- Healthcare providers knowledge and attitude towards HPV during a vaccination campaign in South India-2026.