

**DR. RAVI KUMAR U**

Consultant - Clinical Immunology & Rheumatology

**Qualification**

MBBS | MD | DM (Clinical Immunology & Rheumatology)

## Overview

Dr. Ravi Kumar U is a skilled rheumatologist with more than ten years of clinical expertise, currently serving as a Consultant in Clinical Immunology & Rheumatology at Manipal Hospital Hebbal, Bangalore. His clinical acumen spans Internal Medicine, Clinical Immunology, and Rheumatology. He Dr. Ravi Kumar specialises in treating inflammatory arthritis, autoimmune disorders, vasculitis, connective tissue diseases, and intricate immune-mediated conditions. His extensive background in treating systemic rheumatological illnesses has made him one of the top rheumatologists in Hebbal for comprehensive autoimmune and inflammatory care. Dr. Ravi Kumar earned his MBBS from M.S. Ramaiah Medical College, followed by an MD in Internal Medicine from the Bangalore Medical College and Research Institute under Rajiv Gandhi University of Health Sciences. To deepen his specialisation, he completed a DM in Clinical Immunology and Rheumatology at the prestigious Christian Medical College (CMC), Vellore, where he gained profound experience in advanced immunological therapies and rare autoimmune diseases. At Manipal Hospital Hebbal, Dr. Ravi Kumar treats a wide range of immunological and rheumatological conditions,

including rheumatoid arthritis, ankylosing spondylitis, systemic lupus erythematosus (SLE), systemic sclerosis, vasculitis, inflammatory myopathies, gout, and complex connective tissue disorders. His practice is centred on comprehensive disease evaluations, precise immunomodulatory treatment strategies, biologic therapies, long-term monitoring, and coordinated multidisciplinary care for systemic, multi-organ conditions. His clinical focus particularly shines in managing difficult-to-treat vasculitis, autoimmune kidney manifestations, systemic inflammatory disorders, and atypical immune-mediated diseases. Melding his robust foundation in internal medicine with advanced rheumatology training, he champions an integrated approach to patient care—prioritising early, accurate diagnosis, robust disease control, organ damage prevention, and enhanced long-term quality of life. His dedication to advanced, tailored treatment protocols positions him as a top rheumatologist in Hebbal for patients requiring specialised care. Beyond clinical practice, Dr. Ravi Kumar is actively involved in academics, research and advancing the field of rheumatology. He has authored and co-authored several peer-reviewed publications in reputed national and international journals and has presented his work at leading scientific forums, including the American College of Rheumatology (ACR), Indian Rheumatology Association Conference (IRACON), World Rheumatology Forum, International Conference of Chinese Rheumatologists (ICCR), and the Japan College of Rheumatology (JCR).

### Field of Expertise

- Systemic Lupus Erythematosus
- Sjogren’s Syndrome
- Systemic Sclerosis
- Inflammatory Myositis
- Vasculitis
- Rheumatoid Arthritis

- Psoriatic Arthritis
- Spondyloarthritis
- Ankylosing Spondylitis
- Osteoarthritis
- Gout and Crystal Arthropathies
- Fibromyalgia
- Biologic and Targeted Therapies
- Musculoskeletal Ultrasound
- Joint Injections
- Osteoporosis
- Metabolic Bone Diseases

## Languages Spoken

- English
- Kannada
- Tamil
- Hindi
- Telugu

## Awards & Achievements

- Best Paper Presentation – Annual Conference of the Association of Physicians of India, Karnataka Chapter, 2018 (KAPICON)
- Best Paper Presentation – Indian Rheumatology Association Conference, 2025 (IRACON)
- JCR Abstract Award, Japan College of Rheumatology (JCR), 2026, Fukuoka.
- Recipient of grants from the Indian Council of medical Research (ICMR), International Conference of Chinese Rheumatologists (ICCR 2025), and the Japan College of Rheumatology (JCR 2026)

## Talks & Publications

- A Study of the Clinical Profile of Chronic Kidney Disease in Non-Diabetic Patients was Published in the International Journal of Advances in Medicine, 2021.
- Co-infection of Cryptococcal and Tuberculous Meningitis in an Immunocompetent Individual, Published in the APIK Journal of Internal Medicine, 2019.
- Cardiac involvement in systemic sclerosis: a case series with review of literature. Assoc Rheumatol Tamilnadu J Rheumatol. 2025;1(6):Jan–Mar.
- Secondary Amyloidosis as a Cause of Nephrotic Syndrome in Takayasu Arteritis
- Co-infection of cryptococcal and tuberculous meningitis in an immunocompetent individual – KAPICON 2018
- Study of clinical profile of chronic kidney disease in non-diabetic patients – APICON 2019
- Clinical profile and outcome of patients with cardiac involvement in systemic sclerosis – IRACON 2022
- Clinical profile and outcome of patients with cardiac involvement in systemic sclerosis – ART 2022
- Durability of humoral immune responses to COVID-19 vaccination in adult patients with autoimmune rheumatic diseases – IRACON 2023
- A rare case of rheumatoid arthritis associated with secondary pulmonary alveolar proteinosis – World Rheumatology Forum 2023
- Difficult-to-treat Takayasu arteritis: comparative efficacy of colchicine and tofacitinib – ACR Convergence 2024
- Extended treatment with rituximab in ANCA-associated vasculitis – IRACON 2024
- Hypertrophic pachymeningitis as a manifestation of ANCA-

associated vasculitis – CRC 2024

- Renal amyloidosis in Takayasu arteritis – SZIRACON 2024
- Rickettsial vasculitis: a rare cause of gangrene in scleroderma – Vasculitis Conclave 2025
- Extended treatment with rituximab in ANCA-associated vasculitis – ACR Convergence 2025
- Comparative efficacy of low-dose and ultra-low-dose rituximab in ANCA-associated vasculitis – IRACON 2025
- Durability of humoral immune responses to COVID-19 vaccination in adult patients with autoimmune rheumatic diseases – ICCR 2025
- Comparative Efficacy of Low-Dose Rituximab (500 mg) and Ultra-Low Dose Rituximab (200 mg) in Maintaining Remission in Patients with ANCA-Associated Vasculitis – JCR 2026