

DR. JAYALAKSHMI K

Consultant – Paediatric Gastroenterology

Qualification

MBBS | MD (Paediatrics) | Fellowship in Pediatric Gastroenterology

Overview

Dr. Jayalakshmi K is a dedicated paediatric gastroenterologist in Hebbal. She is currently practising as a Consultant – Paediatric Gastroenterology at Manipal Hospital Hebbal, Bangalore, bringing over 12 years of clinical experience in the evaluation and management of complex gastrointestinal, liver, and nutritional disorders affecting infants, children, and adolescents. Dr. Jayalakshmi completed her MBBS from Ambedkar Medical College in 2013 and subsequently pursued MD in Paediatrics at the Indira Gandhi Institute of Child Health, Bangalore, graduating in 2017. During her paediatric training, she developed a strong clinical interest in digestive and liver disorders in children, which led her to undertake further subspecialty training in paediatric gastroenterology. She completed a PDCC in Paediatric Gastroenterology from the Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGI), Lucknow in 2019, a nationally recognised centre for advanced paediatric gastrointestinal care. Her clinical expertise includes the management of inflammatory bowel disease (IBD) in children, particularly very early onset IBD and monogenic gastrointestinal disorders, which require specialised diagnostic

approaches involving genetic evaluation and targeted treatment strategies. She regularly evaluates children presenting with chronic abdominal pain, persistent diarrhoea, malabsorption syndromes, gastrointestinal bleeding, feeding difficulties, and growth-related nutritional concerns. Dr. Jayalakshmi also has experience in paediatric endoscopy, an essential diagnostic and therapeutic tool in paediatric gastroenterology. Endoscopic evaluation allows accurate assessment of inflammatory bowel disease, gastrointestinal bleeding, mucosal disease, and other structural abnormalities affecting the digestive tract. Her training included exposure to advanced endoscopic techniques and endoscopic procedures used in the diagnosis and treatment of paediatric gastrointestinal disorders. Through careful procedural evaluation and clinical correlation, she ensures that children receive timely and precise diagnostic clarification for complex digestive symptoms. Her expertise in paediatric inflammatory bowel disease, paediatric endoscopy, and genetic gastrointestinal disorders places her among the best paediatric gastroenterologists in Hebbal for children requiring advanced digestive care. Dr. Jayalakshmi maintains an active academic interest in paediatric gastroenterology research. She received first prize at the 5th National Conference of ISPID in March 2021 for her paper on the etiological spectrum of monogenic very early onset inflammatory bowel disease (VEO-IBD). Her research work has also been published in peer-reviewed journals, including the IBD Journal, where she contributed to research examining the higher prevalence of monogenic causes in children with early-onset inflammatory bowel disease based on tertiary care centre experience. Dr. Jayalakshmi communicates fluently in English, Kannada, and Hindi, enabling clear interaction with families and ensuring that treatment discussions remain accessible and reassuring for parents navigating complex childhood gastrointestinal conditions. Her clinical expertise in inflammatory bowel disease, paediatric endoscopy, and genetic gastrointestinal disorders, combined with extensive paediatric training and research involvement, has established her as one of the best

paediatric gastroenterologists in Hebbal for specialised digestive care in children.

Fellowship & Membership

- PDCC – Paediatric Gastroenterology, SGPGI, Lucknow
- ISPGHAN – Indian Society of Pediatric Gastroenterology, Hepatology and Nutrition
- IAP – Indian Academy of Pediatrics
- IMA – Indian Medical Association

Field of Expertise

- Paediatric Gastroenterology
- Inflammatory Bowel Disease (IBD), including VEO-IBD
- Paediatric Endoscopy (Diagnostic & Therapeutic)
- Monogenic Gastrointestinal Disorders
- Chronic abdominal pain, diarrhoea, constipation
- Malabsorption syndromes & nutritional disorders
- Liver diseases and hepatobiliary conditions in children

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- First Prize – Paper Presentation
- Etiological Spectrum of Monogenic VEO-IBD

- 5th National Conference of ISPID, March 2021
- Recognised for contributions to paediatric GI research and education

Talks & Publications

- Higher Prevalence of Monogenic Cause Among Very Early Onset IBD in Children: Experience from a Tertiary Care Center from North India – IBD Journal, January 2023
- Etiological Evaluation of Children with Global Developmental Delay – Indian Journal of Pediatrics, 2019
- Clinical Profile of Neurocutaneous Syndrome in Children – Award Paper Presentation, State PEDICON 2015
- Resurgence of Diphtheria in Children – National PEDICON 2017
- Endoscopic Sclerotherapy in Children – Video Presentation, ISPGHAN 2019, Chennai