

DR. VIJAY H D KAMATH

Senior Consultant - Spine Surgery

Qualification

MBBS | MS (Orthopaedics) | FNBE (Spine Surgery) | Fellowship in Spine Deformity Surgery

Overview

Dr. Vijay Kamath is a highly experienced and sought-after spine surgeon in Hebbal, with over 20 years of specialised expertise in adult and paediatric spine surgery. He currently serves as Senior Consultant – Spine Surgery at Manipal Hospital, Hebbal, Bengaluru, where he is actively involved in complex clinical care, academic leadership, and institutional development. He holds an MBBS and MS in Orthopaedics, an FNBE in Spine Surgery from the National Board of Examinations, and advanced fellowship training in spinal deformity surgery from the University of Hong Kong. Dr. Kamath’s clinical expertise encompasses the full spectrum of adult and paediatric spine surgery. His surgical skill set includes endoscopic and micro-endoscopic spine surgery; minimally invasive and open fusion techniques; anterior and posterior cervical decompressions; craniovertebral junction procedures; scoliosis and kyphosis deformity correction; spinal tumour surgery; management of spinal infections; complex spinal fracture fixation requiring 360-degree stabilisation; and osteoporotic fracture treatments such as vertebroplasty and kyphoplasty. He is also trained in computer-navigated spine surgery, reflecting his strong orientation

toward precision-driven, technology-enabled care. A nationally and internationally recognised academic spine surgeon, Dr. Kamath has received several prestigious honours, including the ASSI Young Investigator Award and a Gold Medal for Best Paper Presentation at the International Conference on Spinal Deformities. He has authored numerous peer-reviewed publications in reputed journals such as the European Spine Journal and BMC Musculoskeletal Disorders, and has contributed chapters to leading orthopaedic and paediatric textbooks. Dr. Kamath is a trained AO Spine faculty member and an active member of the Association of Spine Surgeons of India (ASSI), SICOT, and the Karnataka Orthopaedic Association. He regularly serves as faculty at national and international spine conferences, instructional courses, and live surgery workshops, and continues to contribute to research across multiple domains of spine care. Beyond clinical practice, he has held key leadership roles, including Head of the Department of Orthopaedics and Spine Surgery and DNB Coordinator. These responsibilities reflect his balanced commitment to patient care, medical education, and healthcare system development. Known for his methodical clinical evaluation, meticulous surgical planning, and strong academic foundation, Dr. Vijay Kamath is widely respected for delivering evidence-based, ethically grounded, and patient-centred spine care, with a consistent focus on improving patients' quality of life.

Fellowship & Membership

- Association of Spine Surgeons of India (ASSI) – Member
- AO Spine International – Trained Faculty
- SICOT – International Society of Orthopaedic Surgery & Traumatology
- Karnataka Orthopaedic Association – Member

Field of Expertise

- Endoscopic (Keyhole) & Micro-Endoscopic Spine Surgery (MED)
- Minimally Invasive Spine Surgery (MISS)
- Computer-Navigated Spine Surgery
- Anterior & Posterior Cervical Decompression and Fusion
- Scoliosis & Kyphosis Deformity Correction (Paediatric & Adult)
- Spinal Infections & Fractures (360° fusion techniques)
- Spinal Tumour Surgery (Extradural)
- Osteoporotic Fractures – Vertebroplasty, Kyphoplasty, Cement-augmented Fixation
- Complex Revision Spine Surgery

Languages Spoken

- English
- Hindi
- Kannada
- Tamil
- Telegu
- Malayalam

Awards & Achievements

- ASSI Young Investigator Award (2010) – Association of Spine Surgeons of India.
- ISSLS Award (2010) – International Society for the Study of the Lumbar Spine.
- Gold Medal – Best Paper Presentation, International Conference on Spinal Deformities, New Delhi (2007).
- Visiting Professor to Okayama Rosi Hospital in Japan in 2019.
- Former Head of Department – Orthopaedics & Spine Surgery,

Bangalore Baptist Hospital.

Talks & Publications

- Multiple publications in the European Spine Journal, Spine, BMC Musculoskeletal Disorders, Indian Journal of Orthopaedics.
- Authored chapters in: ASSI Textbook on Spinal Injuries.
- Authored chapters in: Mercer’s Textbook of Orthopaedics.
- Authored chapters in: Postgraduate Textbook of Paediatrics.
- Key editorial contributor – Ganga Video Atlas of Spine Surgery (55 surgical videos).
- Numerous invited faculty lectures at ASSICON, SICOT, ICS, AO Spine, Ganga Operative Spine Courses, and international spine conferences.