

DR. SHANTHI M

Associate Consultant - Paediatric Neurology

Qualification

MBBS | MD (Pediatrics) | Post Doctoral Fellowship in Pediatric Neurology (PDFPN)

Overview

Dr. Shanthi M is a highly skilled paediatric neurologist in Hebbal. She is currently practising as an Associate Consultant - Paediatric Neurology at Manipal Hospitals Hebbal, Bangalore, bringing several years of focused experience in managing neurological disorders in infants, children and adolescents. Widely regarded as one of the best paediatric neurologists in Hebbal, she combines strong academic training with a deeply compassionate approach, supporting families through complex neurological concerns with clarity and unwavering commitment. With a strong foundation built over years of structured training, Dr. Shanthi has developed an exceptional understanding of the intricate and evolving field of child neurology. She completed her MBBS at Bangalore Medical College and Research Institute, followed by an MD in Paediatrics from Mysore Medical College and Research Institute, two of the most respected institutions in Karnataka. Her academic excellence and early clinical exposure shaped her natural affinity for neurological sciences, prompting her to pursue further specialisation through an IAP Fellowship in Paediatric Neurology, which refined her diagnostic and therapeutic skills in caring for children with

neurological disorders across all levels of complexity. At Manipal Hospitals Hebbal, Dr. Shanthi provides consultations for a wide spectrum of neurological conditions in children, including epilepsy, developmental delays, neuromuscular disorders, headaches, cerebral palsy, neuro-metabolic disorders, behavioural and learning difficulties, acute neurological emergencies and movement disorders. Her approach is rooted in meticulous assessment, developmental understanding and a deep appreciation for the emotional journey that families undergo when dealing with chronic neurological conditions. Parents seeking her care often appreciate her ability to explain medical conditions in a simple, structured manner, ensuring that families feel empowered and informed at every stage. Whether she is interpreting EEG findings for a concerned parent, reviewing developmental progress, or planning long-term rehabilitation, Dr. Shanthi brings a steady, reassuring presence that helps ease anxiety and build trust. Her goal is to provide personalised, child-centred care that supports not only disease management but also the child’s overall growth, emotional wellbeing and quality of life. Her academic contributions reinforce her standing as one of the best paediatric neurologists in Hebbal. She has authored multiple research papers and case reports in indexed journals, covering critical topics such as malnutrition and its neurological implications, febrile seizures and the association with iron deficiency, as well as case series on acute leukoencephalopathy. These publications reflect her deep interest in bridging clinical practice with evidence-based learning, constantly updating her knowledge to align with global guidelines and paediatric neurology advancements. Dr. Shanthi’s practice is distinguished by her ability to integrate paediatric principles with neurologic insight. She adopts a holistic approach, combining developmental monitoring, neuro-diagnostic evaluation, multidisciplinary coordination and long-term follow-up care. Her consultations prioritise early diagnosis and timely intervention, both of which are essential in paediatric neurology to optimise cognitive, behavioural and functional outcomes. Her linguistic proficiency,

speaking English, Kannada, Hindi, Tamil and Telugu, allows her to communicate effectively with families from diverse backgrounds, ensuring that misunderstandings are minimised and discussions remain empathetic and transparent. This ability to connect with families in their preferred language further strengthens her reputation as one of the best child neurologists in Hebbal, valued for her accessibility, clarity and kindness. As part of the multidisciplinary ecosystem at Manipal Hospitals Hebbal, she collaborates closely with paediatricians, physiotherapists, psychologists, occupational therapists and speech therapists, ensuring that each child receives holistic and coordinated neurological care. This integrated approach reflects her belief that paediatric neurology is not only about managing conditions but also about nurturing the child's long-term developmental potential. Today, as a dedicated paediatric neurologist at Manipal Hospitals Hebbal, Dr. Shanthi continues to offer dependable, ethical and comprehensive neurological care. Her expertise, compassion and commitment to evidence-based practice position her as a trusted specialist for families seeking expert guidance and long-term support for their child's neurological health.

Fellowship & Membership

- Member of the Indian Academy of Pediatrics (IAP).
- Member of the Association of Child Neurology (AOCN).
- Member of the Academy of Pediatric Neurology (AOPN).

Field of Expertise

- Pediatric Epilepsy and Drug resistant epilepsy
- Developmental Delays and Cerebral palsy
- Neurometabolic and Neurogenetic conditions
- Neuromuscular disorders

- Autism Spectrum and Neurodevelopmental Conditions

Languages Spoken

- English
- Kannada
- Hindi
- Tamil
- Telugu

Talks & Publications

- Acute leukoencephalopathy with restricted diffusion- Case series. Karnataka Pediatric Journal 2024.
- A case control study to assess the relationship between febrile seizures and iron deficiency anaemia. International journal of current pharmaceutical review and research 2022.
- Paper Presentations: Presented paper on Is precision medicine with Oxcarbazepine the say forward in Self limited
- familial infantile epilepsy? in NEUROPEDICON (Agra).
- Poster Presentations: Presented multiple posters at NEUROPEDICON (Agra, Goa), and CHILDNEUROCON (Vellore).