

DR. PREETHITHA BABU

Consultant - Plastic and Reconstructive Surgery

Qualification

MBBS | MS (General Surgery) | MCh (Plastic Surgery)

Overview

Dr. Preethitha Babu is a highly skilled plastic and reconstructive surgeon in Hebbal. She is currently practising as a Consultant – Plastic and Reconstructive Surgery at Manipal Hospital Hebbal, bringing years of advanced clinical expertise to the comprehensive management of reconstructive, oncoplastic, trauma, and burn-related conditions. With a strong academic foundation and extensive tertiary-care experience, Dr. Preethitha is widely recognised for her precision-driven surgical approach, meticulous planning, and compassionate, patient-centred care. Dr. Preethitha’s medical journey reflects consistent academic excellence and progressive surgical training. She completed her MBBS from M.S. Ramaiah Medical College, followed by an MS in General Surgery from Bangalore Medical College & Research Institute, before pursuing her MCh in Plastic Surgery from JIPMER, Puducherry, one of the country’s most respected institutes for super-speciality training. This rigorous background equipped her with a deep understanding of both foundational surgical principles and highly specialised reconstructive techniques. Over the years, she has developed a strong reputation as one of the best plastic surgeons in Hebbal, particularly

for complex reconstructions that demand both technical finesse and aesthetic sensibility. Her clinical expertise is anchored in reconstructive microsurgery, where she routinely performs advanced microvascular procedures to restore form and function following cancer surgery, trauma, or extensive tissue loss. She is especially known for her work in oncoplastic breast surgery and whole-breast reconstruction, offering women a comprehensive surgical pathway that integrates cancer clearance with restoration of body image and confidence. Dr. Preethitha believes that reconstruction is not merely corrective but restorative, addressing both physical recovery and emotional well-being. In addition to oncoplastic surgery, Dr. Preethitha has significant experience in acute trauma and hand reconstruction, including fingertip injuries, tendon repairs, complex hand trauma, and soft tissue defects. Her calm and structured approach in emergency settings ensures timely intervention, functional preservation, and optimal long-term outcomes. She is also adept at burns management, scar revision, and laser-based scar modulation, offering patients both functional improvement and aesthetic refinement as part of long-term recovery. At Manipal Hospital Hebbal, Dr. Preethitha works closely with multidisciplinary teams, ensuring seamless coordination between oncologists, general surgeons, orthopaedic surgeons, and rehabilitation specialists. Her collaborative mindset allows her to design customised reconstructive strategies tailored to each patient’s clinical needs, lifestyle, and expectations. Patients seeking care from the best plastic surgeon in Hebbal often value her ability to clearly explain surgical options, set realistic expectations, and guide them through every stage of treatment with clarity and reassurance. Beyond her clinical work, Dr. Preethitha has a strong academic and research orientation. She has authored multiple peer-reviewed publications in reputed national and international journals, covering topics such as oncoplastic breast surgery, scar management, and innovative approaches in plastic surgery. Her research reflects her commitment to evidence-based practice and continuous improvement in surgical outcomes. She has

also presented her work at national and international conferences, contributing actively to academic dialogue and professional development within the field. Known for her ethical practice, attention to detail, and patient-first philosophy, Dr. Preethitha combines surgical excellence with empathy and integrity. Her practice philosophy emphasises safety, quality, and innovation, ensuring that every patient receives care that is both technically superior and deeply humane. This balanced approach has firmly established her reputation as one of the best plastic surgeons in Hebbal, trusted by patients for reconstructive and oncoplastic care that prioritises long-term outcomes and quality of life.

Field of Expertise

- Reconstructive Microsurgery
- Oncoplastic Breast Surgery and Whole Breast Reconstruction
- Trauma and Hand Reconstruction
- Acute Trauma Management, including fingertip, hand, and tendon injuries
- Laser and Scar Management
- Burns Management

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil

Awards & Achievements

- Best Outgoing Student (Overall Academics), MBBS, 2011.
- 2nd Best Poster- Indo British Masterclass in Oncoplastic Breast Surgery (2016).

Talks & Publications

- Oncoplastic Breast Surgery: a Single-Institution Experience. Indian Journal of Surgical Oncology. 2023.
- Intense pulsed light vs silicone gel sheet in the management of hypertrophic scars: an interventional comparative trial in the Indian population. Journal of Cosmetic and Laser Therapy. 2019.
- Five “Ds” of plastic surgery. Plastic and Aesthetic Research. 2017.
- Proposal of a new classification scheme for periocular injuries. Indian Journal of Plastic Surgery. 2017.
- Single strut reconstruction of central mandible defects - KAPRASCON (2023).
- Paper presentation on Oncoplastic Breast Surgery - APSICON (2021).
- Poster presentation on Angiosomes of the Breast and their Supply to the Breast Flaps during oncoplastic breast surgery - Indo British Masterclass in Oncoplastic Breast Surgery (2016).
- Paper presentation on Oncoplastic breast surgery - APSICON (2015).