

DR. NITHYA V

Consultant - ENT & Head and Neck Surgeon

Qualification

MBBS, MS (ENT), | DNB (ENT) | Fellowship in Implantation Otology

Overview

Dr. Nithya V is a highly experienced and versatile ENT specialist in Bangalore. She is currently practising at Manipal Hospital Hebbal, Bangalore, as a part-time consultant - ENT. She brings with her extensive technical expertise in various ENT procedures, particularly in oto-neurology and cochlear implantation. Dr. Nithya has been actively involved in the complete cochlear implantation process, from candidate registration and pre-operative assessments to performing surgeries, post-operative rehabilitation, and troubleshooting. Additionally, she has contributed to the auditory brainstem implantation program, where she played a crucial role in assisting surgeries and managing post-implant care. Her technical proficiency extends to CO2 laser-assisted airway surgeries and the use of advanced tools like Micro Debrider and Coblation in ENT surgeries. Dr. Nithya has a deep interest in otology, implantation otology, and paediatric ENT, making her a well-rounded specialist in her field. She is one of the Best ENT specialists in Bangalore, Hebbal. The professional background of Dr. Nithya is impressive, having worked as a consultant at several reputed hospitals. She gained valuable experience as a

fellow in Implantation Otology and Senior Registrar and also served as a registrar at a prestigious medical institution, where she honed her skills in various ENT procedures. The educational journey of Dr. Nithya is equally remarkable, with an MBBS from Bangalore Medical College and Research Institute, followed by an MS in ENT from Command Hospital Air Force, and a DNB in ENT. She further specialised in Implantation Otology through a post-doctoral fellowship at the Madras ENT Research Foundation. Dr. Nithya has made significant contributions to medical literature, with numerous publications in reputable journals. Her research includes topics such as the long-term follow-up of COVID-associated mucormycosis, novel techniques for orbital floor reconstruction, and studies on cochlear implantation outcomes. She has also been involved in various audits and studies on vertigo management, adeno-tonsillectomy techniques, and nasal airway improvement through turbinoplasty. In addition to her clinical work, Dr. Nithya has actively participated in conferences and workshops, both as an organiser and a presenter. She has presented papers at national ENT conferences, including the prestigious AOICON and CIGICON, where her work on cochlear implantation and habilitation earned her accolades. She has also been part of several workshops on neonatal hearing screening, coblation-assisted surgeries, and temporal bone dissections, further showcasing her commitment to advancing ENT practices. Moreover, Dr. Nithya is multilingual and fluent in Kannada, Hindi, Tamil, and English, allowing her to communicate with a diverse patient base effectively. Her dedication to patient care, combined with her vast technical expertise and research contributions, make her a valuable asset to the medical community.

Fellowship & Membership

- Post-Doctoral Fellowship Implantation Otology, Madras ENT Research Foundation (P) Ltd, Chennai
- Tamilnadu Dr. MGR Medical University, 2017-2018

Field of Expertise

- Micro Ear Surgeries
- Cochlear Implants
- Endoscopic Sinus Surgeries
- Adenoidectomy, Tonsillectomy
- Voice & Microlaryngeal Surgery
- Assessment & Treatment of Vertigo
- Assessment & Treatment of Snoring
- Head & Neck Surgeries

Languages Spoken

- Kannada
- Hindi
- Tamil
- English

Talks & Publications

- Mortality, Morbidity and sequelae of COVID- associated mucormycosis;18 months follow up study- Nithya Venkataramani, Ravi Sachidananda, Sonali Muralidhar et.al published in International Journal of Otorhinolaryngology and Head and Neck Surgery, Volume 9, issue 2, pages 169-176.
- Polypropylene mesh and conchal cartilage composite graft: a novel technique for orbital floor reconstruction-Nithya Venkataramani, Satish Kumaran, Ravi Sachidananda, Srividya Rao Vasista, Romir Navaneetham, Anuradha Navaneetham- Published in the International Journal of Otorhinolaryngology and Head and Neck Surgery, Volume 8,issue 7, pages 582-586

- Comparison of Clinician Versus Parental Perspectives of Outcomes in Cochlear Implantees: A South Indian Experience- Nithya Venkataramani,R. Anbuchezhian, S. Sudha Maheswari,Senthil Vadivu Arumugam, S. Raghu Nandhan & Mohan Kameswaran- Published In Indian journal of Otolaryngology and head and neck surgery:Volume 73(1), pages 41-44, March 2021
- Checklist approach to vertigo: audit of current practice in a tertiary referral center- Nithya Venkataramani, Ravi Sachidananda, Rajesh K N, Published in the International Journal of Otorhinolaryngology and Head and Neck Surgery, Volume 7, issue 12, Pages -1883-1888, 2021
- Povidone iodine 'WET' technique: adenotonsillectomy in COVID era-Nithya Venkataramani, Ravi Sachidananda,Nidhi Sachdananda, Published in the International Journal of Otorhinolaryngology and Head and Neck Surgery, Volume 7, issue 3, page 563, Feb 2021
- Turbinoplasty of concha bullosa: a useful adjunct in improving nasal airway.- Nithya Venkataramani, Ravi Sachidananda, Srividya Rao Vasista- Published in the International Journal of Otorhinolaryngology and Head and Neck Surgery, (volume 6, issue 5, pages 878-881, Apr. 2020.)
- Suction Diathermy Adenoidectomy- Audit of current practice in a tertiary care Hospital- Nithya Venkataramani, Ravi Sachidananda, Sandeep Dachuri, Srividya Rao Vasista- Published in the International Journal of Otorhinolaryngology and Head and Neck Surgery, (Volume5, Issue 6, pages-1611-1614, Nov 2019)
- A comparative study of coblation assisted and cold dissection adenotonsillectomy in children-Nithya V., Angshuman Dutta, Sabarigirish K. Published in International journal of Otorhinolaryngology and head and neck surgery (Volume 3, Issue 1 of International Journal of Otorhinolaryngology and

Head and Neck Surgery, January 2017)

- Cochlear implant in patients with incomplete partition type II: surgical considerations - Biram Singh Takhellambam, Nithya Venkataramani, Kiran Natarajan, Umalakshmi Lairellakpam, Abha Kumari, Senthil Vadivu Arumugam, Mohan Kameswaran Published in International journal of Otorhinolaryngology and head and neck surgery (Volume 3, Issue 4 of International Journal of Otorhinolaryngology and Head and Neck Surgery, 2017)
- A rare case of necrotizing fasciitis of eyelid in a young immunocompetent lady- case report and review of literature- Nithya Venkataramani, Sonali Muralidhar, Ravi Sachidananda. Published in International journal of Otorhinolaryngology and head and neck surgery Vol 7, Issue 11,Pages 1834-1836, 2011.
- The Nose that Broke the Hip! Tumor Induced Osteomalacia Secondary to Phosphaturic Mesenchymal Nasal Tumor : A Case Report.Deepak Rangaswamy, Ravi Sachidananda, Srikanth Kanchana Pala, D. M. Mahesh & Nithya Venkataramani- Published online in Indian journal of Otolaryngology and head and neck surgery, Jan 2021
- Nasal myiasis by Chrysomya bezziana reported from rural India– Sabarigirish K, Nithya V, Saxena S, Dutta A. Published in Medical Journal Armed Forces India (Volume 74, Issue 1, pages 82-84, Jan 2018)
- Transnasal endoscopic surgery by powered instrumentation in the treatment of symptomatic nasopharyngeal cysts- our experience- Lakshmi Ananth, Pradeep Hanumanthagouda Hosamani, Nithya Venkataraman. Published in journal of evidence based medicine and healthcare,(Vol 5, issue 12, pages 1085-1088,March 2018)
- Sharp foreign body in Aero-Digestive tract -Sanjeev Saxena, Kabir Bakshi, K SabariGirish, Angshuman Dutta, Kavitha Y, Nithya V. Published in National Journal of Otorhinolaryngology

and Head & Neck Surgery, (Vol. 3(12) No. 2, August 2015)"