

DR. SACHIN

Consultant - Internal Medicine

Qualification

MBBS | MD (Gen Medicine)

Overview

Dr. Sachin Murthy is a highly skilled internal medicine specialist in Bangalore. He is currently practising at Manipal Hospitals Hebbal, Bangalore, as a Consultant - Internal Medicine. He is known for his patient-focused approach and extensive experience in diagnosing, treating, and managing a wide range of medical conditions. With a robust clinical background and a dedication to continuous learning, Dr. Sachin has earned the trust of his patients through his expertise in providing top-notch medical care. He completed his MBBS from JJM Medical College and went on to earn his MD in General Medicine from SBMPMC&RC. In addition to his academic credentials, Dr. Sachin has contributed significantly to clinical research. He served as the principal investigator in a clinical trial involving Methylcobalamin Nasal Spray for Vitamin B12 treatment and maintenance therapy, showcasing his involvement in advancing medical treatments and improving patient outcomes. His academic achievements reflect his commitment to medical excellence, and he has further enriched his knowledge by presenting papers and posters at prestigious conferences, including KARGERICON 2011. He has also published significant research,

including studies on the prevalence of occult depression in the elderly with chronic comorbidities and the identification of bacteria causing diarrhoea in HIV/AIDS patients, correlating these findings with CD4 counts. Dr. Sachin's career includes valuable teaching roles, having worked as an Assistant Professor at SSIMS, Davanagere, and SIMS, Bangalore. His experience as an educator has honed his ability to communicate complex medical concepts effectively and mentor the next generation of medical professionals. Known for his excellent communication skills, Dr. Sachin is adept at dealing with patient complaints and providing compassionate care during sensitive circumstances. His leadership qualities enable him to motivate and guide his team effectively, even during high-pressure situations. Dr. Sachin's technical proficiency extends to managing patient records, using computers, and staying internet savvy, which allows him to maintain detailed daily reports on patient progress. Being multilingual and fluent in Kannada, Hindi, Tamil, and English, Dr. Murthy can easily connect with a diverse patient population. His ability to prioritise workloads, control multiple projects simultaneously, and keep abreast of the latest treatments and medical advancements underscore his commitment to delivering the highest standard of healthcare. Dr. Sachin's blend of clinical expertise, research involvement, teaching experience, and compassionate patient care makes him a distinguished physician in the field of Internal Medicine. His dedication to improving patient outcomes through evidence-based practices and his focus on continuous professional growth ensure that his patients receive the best possible medical care.

Languages Spoken

- Kannada
- Hindi
- Tamil
- English

Talks & Publications

- Presented a paper and poster at the KARGERICON state conference in 2011.
- Published a paper on “Prevalence of occult depression in elderly with chronic co-morbids” in an indexed journal.
- Published a paper on “Identification of bacteria causing diarrhoea in HIV/aids patients and its correlation with CD4 count” in an indexed journal.