

DR. RASHMI K G

Consultant - Diabetes & Endocrinology

Qualification

MBBS | MD (Gen Medicine) | DM (Endocrinology)

Overview

Dr. Rashmi K G is a highly accomplished endocrinologist in Bangalore, currently practising as a Consultant - Diabetes and Endocrinology at Manipal Hospitals Hebbal, Bangalore. She completed her MBBS from the Hassan Institute of Medical Sciences, Hassan, in 2012 followed by MD General Medicine from the Vijayanagara Institute of Medical Sciences, Bellary in 2017. Continuing her academic journey, she has specialized in DM - Endocrinology from the prestigious Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Puducherry in 2023. She has vast experience in the management of diabetes Mellitus, and thyroid disorders such as hypothyroidism, hyperthyroidism, and thyroid nodules. Pituitary disorders include acromegaly, prolactinoma, hypopituitarism, and diabetes insipidus. Growth & puberty disorders-short stature, delayed puberty & precocious puberty. Reproductive disorders like gynecomastia, PCOS, hirsutism and disorders of sexual differentiation (Atypical Genitalia). Adrenal disorders include Cushing’s syndrome, adrenal insufficiency, and adrenal mass. She is committed to providing quality treatment with care and compassion toward all her patients.

Fellowship & Membership

- Indian Medical Association
- Karnataka Endocrine Society
- Endocrine Society of India

Field of Expertise

- Diabetes Mellitus
- Obesity
- Thyroid & Parathyroid Disorders
- Pituitary & Adrenal Disorders
- Metabolic Bone Disorders
- Polycystic Ovarian Syndrome (PCOS)
- Growth & Puberty Related Disorders

Languages Spoken

- Kannada
- English
- Tamil
- Hindi

Awards & Achievements

- Awarded gold medal & certificate of merit for securing the highest marks in Preventive & social medicine
- Third prize in quiz at KAPICON, Kalaburagi 2016
- Second prize in poster presentation at TRENDO, 2021

Talks & Publications

- K G R, Perumal N, Cherian A, Wyawahare M, Prasad A, Sahoo J, Kamalanathan SK, R A, Naik D. Hypothalamic-Pituitary Adrenal Axis Status 3 Months After Recovery From COVID-19 Infection. Endocr Res. 2023 Aug 11:1-9.
- Thanveer AS, Kamalanathan S, Badhe BA, Palui R, Rashmi KG, Nadeem NF. Clinicopathological Profile of Primary Hyperparathyroidism with Special Reference to Ki-67 Labelling Index. Indian J Endocrinol Metab. 2023 Jan-Feb;27(1):73-79
- Rashmi KG, Ravichandran L, Roy A, Naik D, Kamalanathan S, Sahoo J, Chapla A, Thomas N. Clinical Features of Unrecognized Congenital Adrenal Hyperplasia Due to 17α-hydroxylase Deficiency Since Adolescence: A Case Report. J ASEAN Fed Endocr Soc. 2023;38(2):131-134.
- Prasad A, Rashmi KG, Sahoo J, Kamalanathan S, Wyawahare M, Anusuya R, Naik D. Male Hypogonadism After Recovery from Acute COVID-19 Infection: A Prospective Observational Study. Exp Clin Endocrinol Diabetes. 2023 Dec 4. doi: 10.1055/a-2201-8816.
- Rashmi KG, Kamalanathan S, Sahoo J, Naik D, Mohan P, Pottakkat B, Kar SS, Palui R, Roy A. Primary hyperparathyroidism presenting as acute pancreatitis: An institutional experience with review of the literature. World J Gastrointest Pharmacol Ther. 2022 Jul 5;13(4):47-56.
- Rashmi KG, Sahoo J. Response to Grover et al. Am J Gastroenterol. 2022 Aug 1;117(8):1329
- Author of “Preconceptional management of thyroid diseases” chapter in Thyroid disease in pregnancy guide to clinical management, Springer publications.
- Poster presentation on “Delayed diagnosis of 17alpha hydroxylase deficiency in a 46, XY female: A case report” at TRENDO 2021.
- Poster presentation on “Thyroid function abnormalities in

hospitalized patients with COVID-19 infection- a cross-sectional study” at Annual Conference of Endocrine Society (ESICON), Bengaluru 2021.

- Oral paper presentation on "Primary Hyperparathyroidism presenting as acute pancreatitis: An institutional experience with review of the literature" on the seventh research day, 2022 at JIPMER, Puducherry.
- Original paper presentation on “Assessment of hypothalamic-pituitary-adrenal axis at least 3 months after SARS-CoV2 infection at TRENDO, Madurai 2022.
- Poster presentation on “A rare case of ACTH-secreting pituitary carcinoma” at ENDOUPDATE (Endocrine oncology), Mumbai 2022.
- Oral case presentation on Trial of a dark adolescent case of Congenital adrenal hyperplasia due to 3βHSD2 deficiency) in Endocrine Masterclass (Public Health Foundation of India), October 2022.
- Poster presentation on “Assessment of hypothalamic-pituitary-adrenal axis at least 3 months after SARS-CoV2 infection at Annual Conference of Endocrine Society (ESICON), Jaipur 2022.
- Oral paper presentation on “Etiological profile of young-onset diabetes in South Indian population” on eighth research day, 2023 at JIPMER, Puducherry.