

DR. GOPINATH N

Consultant - Endocrinology

Qualification

MBBS | MD (General Medicine) | DM (Endocrinology & Metabolism)

Overview

Dr. Gopinath N is an experienced endocrinologist in Bangalore, practising as a Consultant - Endocrinology at Manipal Hospital Hebbal. With a solid academic background and deep clinical acumen, he provides comprehensive care for various endocrine and hormonal disorders, including diabetes, thyroid dysfunction, reproductive disorders, and paediatric hormonal imbalances. Dr. Gopinath completed his MBBS from Rajiv Gandhi University of Health Sciences and an MD in General Medicine from Manipal University. He then pursued super-specialisation with a DM in Endocrinology and Metabolism. His academic journey has equipped him with advanced diagnostic skills and therapeutic capabilities in managing intricate hormonal disorders. Dr. Gopinath's clinical focus lies in diagnosing and treating Type 1 and Type 2 Diabetes Mellitus, with special expertise in diabetic emergencies such as Diabetic Ketoacidosis and Hyperglycemic Hyperosmolar State. He regularly manages patients using the latest technologies like Continuous Glucose Monitoring (CGM) and insulin pump therapy to optimise diabetic care and improve patient outcomes. In the domain of thyroid disorders, he efficiently handles both

hypothyroidism and hyperthyroidism, tailoring treatment strategies to individual patient needs. His interest in reproductive endocrinology allows him to manage conditions such as PCOS, male and female infertility, and sexual dysfunction related to hormonal imbalances. Dr. Gopinath also provides expert care in childhood endocrine conditions, including growth disorders, pubertal delay, and other developmental concerns. He is well-versed in addressing obesity and metabolic syndrome, helping patients adopt sustainable lifestyle modifications with medical management. His proficiency extends to treating bone health issues like osteoporosis and rare hormonal disorders such as Cushing’s syndrome, Acromegaly, and Pheochromocytoma. He collaborates closely with other specialists with a holistic and multidisciplinary approach to provide seamless and effective care. He is passionate about preventive endocrinology and advocates regular screenings, especially for high-risk individuals, to detect and manage disorders early. His approach prioritises long-term health, improved quality of life, and reduced complications. Dr. Gopinath speaks Kannada, English, Telugu, Tamil, Hindi, Assamese, and Manipuri, which allows him to connect effectively with patients from diverse linguistic and cultural backgrounds.

Field of Expertise

- Treatment of diabetes mellitus Type 1 & Type 2
- Diabetic Emergencies - Hyperglycemic Hyperosmolar State & Diabetic Ketoacidosis
- Hypo & Hyperthyroid Disorders
- Male and Female Sexual Dysfunction Due to Hypogonadism
- Infertility Issues
- Obesity, PCOS and Metabolic Syndrome
- Osteoporosis
- Growth & Puberty related Disorders in Children
- Other hormone-related disorders like Acromegaly,

Pheochromocytoma, Cushing Syndrome etc

Languages Spoken

- Kannada
- English
- Telugu
- Tamil
- Hindi
- Assamese
- Manipuri