

**DR. SAI KRISHNA B NAIDU**

Consultant - Joint Replacement & Sports Injuries

**Qualification**

MBBS | MRCS (UK) | DipSICOT | FRCS (UK) | MCh ORTHO

## Overview

Dr. Sai Krishna B Naidu is an established and highly qualified orthopaedic surgeon with expertise in joint replacement and sports injuries. He has a long record of accomplishments and a wealth of expertise and is committed to giving his patients the best care possible. Dr. Naidu is currently working as Consultant - Joint Replacement and Sports Injuries at Manipal Hospitals Bangalore. Dr. Naidu graduated from J J M Medical College in Davangere with an MBBS degree. He was awarded an MRCS (Membership of the Royal College of Surgeons) by Royal College of Surgeons of Edinburgh, United Kingdom. He received his FRCS (Fellowship of the Royal College of Surgeons) in Trauma & Orthopaedic Surgery at the same prominent institution. Dr. Naidu is an expert in orthopaedics, notably in sports injuries and joint replacement surgery. He has acquired specific knowledge and abilities through his fellowship training in joint replacement surgery and sports injuries. His constant involvement in presentations, articles, and research demonstrates his commitment to remaining current with developments in his profession. Dr. Naidu has made significant contributions to the medical literature with his research publications,

and case reports during his career. Reputable medical publications like J Arthroplasty and Cases Journal have published his research on various subjects, including Total Ankle Arthroplasty and intra-articular steroid injections. His research on subjects like postoperative pain management in arthroscopic subacromial decompression and skin specimen shrinking in malignant melanoma demonstrates his commitment to enhancing patient care. No wonder he is considered the best orthopaedic surgeon in Hebbal, Bangalore. Dr. Naidu's achievements extend beyond academia. He received the Best Paper honour at the East Anglia Orthopaedics-Cambridge conference for his hard effort. To ensure that the finest practices are applied to patient care, he has actively engaged in audits and clinical reviews. Dr. Naidu provides a comprehensive variety of treatments in the area of orthopaedics because of his significant knowledge and experience. He specialises in joint replacement procedures, including arthroplasty for the knee and hip. His experience extends to caring for meniscus injuries, ACL repair, back discomfort, frozen shoulder, and other conditions. Dr. Naidu's commitment to patient well-being and his passion for his profession is evident through his active involvement in teaching and volunteering. He has been a part of the faculty for orthopaedic trainees and has conducted various courses and examinations to train and educate medical students and fellow doctors. Dr. Sai Krishna B Naidu's exemplary qualifications, expertise in joint replacement and sports injuries, dedication to research, and commitment to patient care make him a highly respected and sought-after orthopaedic surgeon. His patients benefit from his extensive knowledge, compassionate approach, and commitment to providing the best possible treatment outcomes.

### Fellowship & Membership

- Joint Replacement Surgery & Sports Injuries

## Field of Expertise

- Robotic Joint Replacement
- Total knee replacement
- Revision knee replacement
- Partial knee replacement
- Total hip replacement
- Revision hip replacement
- Shoulder Replacement Surgery (Hemi, total and reverse).
- Arthroscopy (Knee, Shoulder, Ankle, Elbow)
- Arthroscopic Ligament Reconstruction Surgery (ACL, PCL, MPFL, PLC, MCL)
- Arthroscopic Meniscal repair
- Cartilage surgeries

## Languages Spoken

- English
- Hindi
- Kannada
- Telugu
- Tamil

## Awards & Achievements

- Best Paper East Anglia Orthopaedics-Cambridge

## Talks & Publications

- Ten year results of Total Ankle Arthroplasty at District General Hospital. J Arthroplasty. 2016 Dec 21. ( for proofreading /

correction) Manuscript no # 10-0667ER1. Balakrishnan SK, J S Sarkar.

- Posterior Dislocation of Meniscal bearing insert in Mobile bearing Unicompartmental Knee Arthroplasty mimicking a Baker's cyst-A case report"", has been accepted for publication in The J Arthroplasty. 2012 Mar;27(3): 494.e13-6. Epub 2011 Sep 22 Singh VK, Balakrishnan SK, Apsingi S, Manjure S.
- Sudden loss of visual acuity following intra-articular steroid injection in to the knee joint: a case report. Cases J. 2008 Dec 30;1(1):428. Balakrishnan SK, Apsingi S, Manjure SB
- Morphoeic type Basal cell carcinoma of the perianal region: a rare manifestation of a common disease. Cancer Therapy Vol 6, 421-424, 2008. Balakrishnan SK, Singh PK, Smith LJ, Singh VK. •Traumatic bilateral atlantoaxial rotatory subluxation mimicking as torticollis in an adult female: Clin Neurosci. 2009 May;16(5):721-2. Epub 2009 Mar 4. Singh PK, Singh VK, Balakrishnan SK. Leito J
- Bilateral coracoclavicular joints as a rare cause of bilateral thoracic outlet syndrome and shoulder pain treated successfully by conservative means: A case report and pathophysiological analysis. Singapore Med J. 2009 Jun; 50(6):e214-7. Singh VK, Singh PK, Balakrishnan SK
- Does skin specimen shrinkage lead to increased re-excision rates in patients with malignant melanoma? A prospective study, SURGICAL PRACTICE (2006)10NovP171; A88 Balakrishnan SK, Brown C, Brar AS
- Comparison of Femoral Head Size/ Acetabular component size with Height and weight of the patient. EFORT 2011 Haque, S. Balakrishnan.S, Kalairajah. Y.
- Splash hazard in Elective Primary Knee and Hip Arthroplasty – Is a visor mask sufficient. EFORT 3-6 June 2009. Singh VK, , Balakrishnan SK , Sharma A, Kalairajah Y. •Two- Seven year results of Buechel-Pappas Total Ankle Replacement at a District

General Hospital. Presented at the East Anglian Orthopaedic Committee Regional meeting at Peterborough. Oral. 20 Nov. 2008., Balakrishnan SK , Southern T, Sarkar JS.

- Deterioration not recognised. Focus group for doctors. National Patient Safety Agency, London. Mar 2007. • Does skin specimen shrinkage lead to increased re-excision rates in malignant melanoma? A prospective study at Quincentenary celebrations of Royal College of Surgeons, Edinburg, meet at Hong Kong. 12 Oct. 2006. Balakrishnan SK, Brown C, Brar AS.
- Malignant Melanoma Specimen shrinkage at Leicester University Hospital, Leicester. LNR regional cancer network.18 Nov 2005. , Balakrishnan SK Brown C, Brar AS. Clinical Audits • Use of a separate scalpel for incision of the skin. Epsom & St. Helier University Hospitals NHS Trust March 2015. Supervising for FY2.
- CTEV - Is national guidelines followed in CTEV management. Wexham park & Heatherwood Hospital NHS trust Sep 2012. Principle contributor. • Comparison of cost variation with the admission of elective Orthopaedic patients in other wards. Luton & Dunstable Hospital NHS trust , Aug 2011, Principle contributor
- Dr Foster audit: Comparison of day case discharge rate between Luton & Dunstable Hospital NHS trust and Leicester Royal Infirmary with national discharge rate. March 2010. Principle contributor. •Is BOA guidelines followed with fracture neck of femur at discharge Luton and Dunstable hospital NHS trust Aug- Nov 2009. Principle contributor
- Thromboprophylaxis in fracture Neck of the femur in accordance to national guidelines.Norfolk and Norwich University Hospital NHS trust. Jan 2009. Trust wide audit , Interdepartmental Data collection for Dept of Orthopaedics.
- Two -Seven year, midterm results of patient satisfaction in Total ankle replacement (Buechel-Pappas) nov2007 to jan.2008

Luton & Dunstable Hospital. Planning and data collection. Presented the abstract at the East Anglian Orthopaedic Committee 20 Nov 2008.

- Post -op pain control in Arthroscopic sub acromial decompression. 16/04/2007 Design of the study, data collection. Principle Contributor. •Splash hazard in Elective Primary Knee and Hip Arthroplasty – Is a visor mask sufficient ? 12/06/2008 Involved in Study design, Obtaining Ethical committee approval and Data collection
- Is skin excision adequately done in Malignant Melanoma in accordance in BAPARS guidelines? Kettering General Hospital, June 2005 to July 2006.Planning, Data collection and Abstract writing. This has changed the practice at local hospital by strictly following the national Guidelines
- I been associated with London Olympic 2012 hospital. Homerton university hospital. I have volunteered and taken lead role in teaching: I have been part of faculty of Casting course for orthopaedic trainees at Epsom & St. Helier University Hospitals, St George's medical college associated NHS Trust 6th March 2015
- Orthopaedic and general surgical clinical examination for medical students from UCL, London. Suturing skills course for Foundation year trainees at Kettering General Hospital. Orthopaedic Knee & Hip Examination at Norwich & Norfolk University Hospital for ST 1 trainees in MRCS preparation
- The assisted organisation of the FRCS(Orth) examination, Norwich, 2009.
- Dr. Sai Krishna B Naidu on Accident victim gets cadaver knee, on the road to recovery | The Times of India. Click Here
- Manipal Hospitals Old Airport Road and Hebbal: Dr. Sunil G Kini, Dr. Sai Krishna B Naidu on Augmented Reality-assisted knee surgeries gain popularity with better outcomesClick Here