



DR. SURUCHI

Consultant – Paediatrics and Paediatric Endocrinology

Qualification

MBBS | MRCPCH | MSc (Child Health) | CCT

Overview

Dr. Suruchi Goyal Agarwal is a senior paediatrician and paediatric endocrinologist in Bangalore with extensive experience. She is currently practicing as a Consultant – Paediatrics and Paediatric Endocrinology at Manipal Hospital Hebbal, Bangalore. With over two decades of expertise, Dr. Suruchi brings a unique blend of clinical excellence, academic distinction, and leadership to paediatric care. She completed her MBBS from Kempegowda Institute of Medical Sciences, Bangalore, and then moved to the UK, where she undertook specialist paediatric training through the prestigious Royal College of Paediatrics and Child Health (RCPCH). She was awarded the Certificate of Completion of Training (CCT) in Paediatrics with a special interest in Endocrinology and Diabetes in 2014, and holds a Master's degree in Child Health from the University of Leeds. Dr. Suruchi began her consultant career at the renowned Birmingham Children's Hospital NHS Trust, where she contributed to both secondary and tertiary care, and led initiatives such as regional obesity clinics. In 2015, she returned to India to take up a leadership position at Manipal Hospital Varthur Road, where she was instrumental in building a robust paediatrics

department. Her role involved not only patient care but also the training and mentorship of junior doctors and participation in the hospital's Medical Advisory Board. In her current role, Dr. Suruchi continues to provide comprehensive paediatric and endocrine care, with a focus on evidence-based treatment and multidisciplinary collaboration. She is particularly passionate about managing conditions like Type 1 Diabetes, growth and puberty disorders, thyroid dysfunction, obesity, and calcium imbalance in children. She also plays a vital role in protocol development and training programs for staff, ensuring high standards of paediatric emergency care and communication. Her contributions to academic research include multiple poster presentations at prestigious international conferences such as ISPAD and the British Society of Paediatric Endocrinology and Diabetes. Her MSc thesis evaluated the impact of psychological input on diabetes management outcomes in children, a subject that highlights her holistic and child-centred approach to chronic conditions. Dr. Suruchi is known for her empathetic communication style, structured clinical protocols, and commitment to patient education. She believes in working closely with families to improve outcomes and quality of life for children with both acute and long-term health issues. Dr. Suruchi Goyal Agarwal is a senior paediatrician and paediatric endocrinologist in Bangalore with extensive experience. She is currently practising as a Consultant - Paediatrics and Paediatric Endocrinology at Manipal Hospital Hebbal, Bangalore. She specialises in treating childhood diabetes, thyroid disorders, growth and puberty issues, and metabolic conditions. With a holistic and research-driven approach, Dr. Suruchi ensures comprehensive and compassionate care for children and their families.

Fellowship & Membership

- Member of Royal College of Paediatrics and Child Health, United Kingdom -2007.

- CCT

Field of Expertise

- Paediatric Acute Care
- Childhood Asthma and Allergies
- Paediatric Nutrition
- Growth and Development in Children
- Childhood Obesity
- Childhood Diabetes and Thyroid Disorders
- Complex Febrile Illness

Languages Spoken

- English
- Hindi
- Kannada

Talks & Publications

- Dr Suruchi Goyal Agarwal on When should parents get cautious about their child's bed wetting? | Mirchi Plus [Click Here](#)
- Dr. Suruchi Goyal Agarwal on Screening newborn babies for congenital hyperthyroidism is critical: Doctors | Daiji World | Freshers Live | IANS Live | New Kerala | Web India 123 | Mangalorean News | Newsroom Odisha | Can India | Telugu Stop. [Click Here](#)
- Bournvita and sugar: Are health powder drinks making your child prone to diabetes and turning them into flavour addicts? | Dr. Suruchi Goyal Agarwal | The Indian Express | Manipal Hospitals Varthur Road. [Click Here](#)

- Dr. Suruchi on "No Sweet, Child of Mine: Can sugar in health drinks lead to diabetes in children?" | Happiest Health | Manipal Hospitals. [Click Here](#)
- Manipal Hospitals Varthur: Dr. Suruchi Goyal Agarwal on Type 1 Diabetes In Children: Expert Lists Management Measures And Things Parents And Caretakers Should Know | Only My Health. [Click Here](#)
- Manipal Hospitals Varthur: Dr. Suruchi Goyal Agarwal on Nestle row: Infant foods have misleading claims, say health experts as report reveals the presence of sugar in Cerelac | Finacial Express. [Click Here](#)