



## DR. SUJATHA RAMESH

Consultant - Allergy & Immunology

### Qualification

MBBS | MD | Diplomate of the American Board of Allergy Immunology | Diplomate of the American Board of Pediatrics

### Overview

One of Bengaluru's top experts in allergy and immunology is Dr. Sujatha Ramesh. She is a Consultant in Allergy and Immunology at Manipal Hospitals in Hebbal, Bangalore. She has 29 years of experience as a specialist and 39 years of total experience. Her areas of expertise include Immunology, Asthma, and Allergy. She has clinical experience treating newborns, kids, and teenagers with asthma, food allergies, allergic rhinitis, and other allergic illnesses. She also completed a paediatrics residency and is a recognised expert in children's allergies on a global scale. Dr. Sujatha Ramesh has held a Consultant in Pediatrics position at Columbia Asia Hospitals in Hebbal and Manipal Hospitals Yeshwanthpur in Bengaluru. She is an American Academy of Allergy, Asthma, and Immunology fellow. She was a committee member for the New York State Asthma Guidelines and the president of the Buffalo Allergy Society. Her areas of interest in the study include managing and preventing food allergies and the effects of urbanisation and lifestyle modifications on the emergence of allergic illnesses. She received the President of India's Gold Medal in 1975 as valedictorian of Lawrence School in Lovedale, India, for her remarkable performance in academics and extracurricular activities. She also received the Young Investigator Award from Merck Pharmaceuticals for a proposal on an asthma outcome. The Women's and Children's Health Research Fund, the Buffalo, also presented the George and Harriet Rosenfeld Clinical Investigator Award. She has also written articles on the therapeutic use of intravenous immunoglobulin (IVIG) in children, Microscopic Polyangiitis in a Pediatric Patient, Clinical Reviews in Allergy & Immunology, and Food Allergy in Children.

### Fellowship & Membership

- Fellow of the American Academy of Allergy,
- Asthma and Immunology

### Field of Expertise

- Allergy
- Asthma
- Immunology

## Languages Spoken

- English
- Kannada
- Tamil
- Hindi

## Awards & Achievements

- Fulbright Scholarship, 2009.
- "Kids Care for Asthma" awarded by the Robert Wood Johnson Foundation for improving asthma care in Western New York, \$1.5 million. Principal Investigator, 2001 - 2004.
- "Inner-City Asthma Intervention", Centers for Disease Control, Association of Community Health Plans, \$450,000, Principal Investigator, 2000 - 2004 Mariel C. Furlong for Making a Difference, Award for Community Service, Food Allergy and Anaphylaxis Network, Apr. 2005. William S Pierson visiting Professor from the American Academy of Allergy Asthma & Immunology, 2001, 2002, and 2003.
- Evidence-Based Medicine/Quality Improvement Award, Decision Based System to teach Pediatric Residents SUNY Buffalo, Asthma Management, 2002 - 2003. Warren J. Perry Award presented by the American Lung Association of Western New York in recognition of outstanding volunteer services for the conquest of lung disease, 2001,
- George and Harriet Rosenfeld Clinical Investigator Award presented by the Women's and children's Health Research Foundation, Children's Hospital of Buffalo for "Decision Based Tool for Primary Care Physicians to Optimally Manage Asthma," 2000 - 2001.
- Evidence-Based Medicine/Quality Improvement Award, Evidence-Based Tool for Improving Resident History-Taking and Optimizing Management of Asthma, SUNY Buffalo, 2000.
- Excellence in Community Health Award presented by the Niagara Health Quality Coalition (NHQC) to recognize significant contributions to the NHQC Asthma Education Partnership, 2000 - 2001.
- Honor Roll, American College of Allergy, Asthma and Immunology for conducting asthma screening under the Nationwide Asthma Screening Program, 1999, 2000.
- Young Investigator Award. Outcome - Based Asthma Management Proposal for Children's Hospital of Buffalo. Awarded by Merck Pharmaceuticals for an asthma outcome proposal. This was a peer-reviewed selection of twenty recipients nationally, 1999.
- Award for Outstanding Service in the Conquest of Lung Disease and the Promotion of Lung Health, American Lung Association of Western New York, 1998, 1999, 2000, 2001, 2002, 2003.
- A community pediatrician's annual award for the best resident in Pediatrics based on the performance in all the three years of residency, Children's Hospital, Buffalo, New York, 1993.
- National Science Talent Scholarship, National Council of Education Research and Training (NCERT), Government of India, 1975.
- President of India's Gold Medal for excellence in scholastic achievements and outstanding performance in both academic and extra-curricular activities (valedictorian award), Lawrence School, Lovedale, India, 1975.

## Talks & Publications

- Ramesh, S. "Food Allergy overview in children." Clinical Reviews in Allergy & Immunology, 34, pp.217-230, 2008.
- Ramesh, S. "Antibiotic Hypersensitivity in Cystic Fibrosis." Clinical Reviews in Allergy & Immunology, Vol.23, No. 1, August 2002, pp. 123-141. Bliel M, Wood E and Ramesh S, "The influence of parent-child relatedness on the depressive symptoms in children with asthma, tests of moderator and mediator models, Journal of Pediatric Psychology, 25, pp. 481-491, 2000.
- Kandeel A, Ramesh S, Chen Y, Celik C, Ambrus JL. "Microscopic Polyangiitis in a Pediatric Patient", Archives of Family Medicine, 9: 1189-1189, 2000. Ramesh S. "Office Evaluation of Recurrent Infections" for Asian Journal of Pediatric Practice, Special Edition on Immunology 2002.
- Ramesh, S, Schwartz, S. A., "Therapeutic use of intravenous immunoglobulin (IVIG) in children." Pediatrics in Review, 16(11), November 1995 pp.403-410. Gave over 100 invited lectures and several abstract publications in international conferences.