

COL(DR.) ARADHANA SOOD

Consultant - Dermatology and Cosmetology

Qualification

MD (Dermatology, venereology & Leprosy) | DNB (Dermatology & Venereology)

Overview

Col (Dr) Aradhana Sood is a renowned name in the field of Dermatology and Cosmetology and is one of the most approachable and knowledgeable dermatologists in Bangalore. She has made an impact in the various fields related to skincare and cosmetic medical science. She is an MD in Dermatology, Venerology, and Leprosy and also holds a Diplomate National Board (DNB) in Dermatology and Venerology. She has a vast experience of over 26 years and is presently consulting at Manipal Hospitals, Hebbal, Bengaluru. An alumnus of the Armed Forces Medical College she has served in the Army Medical Corps for 25 years providing state of art dermatology care in various tertiary care centres at Delhi, Pune Bangalore and Lucknow. An astute clinician and academician, she has been a Professor and HoD of the Dept of Dermatology at AFMC, Pune and Base Hospital, Lucknow, during her service in the Armed Forces. Dr Aradhana has also worked as a consultant Dermatologist with the United Nations Peacekeeping Mission to the Democratic Republic of Congo. Passionate about bridging the urban-rural healthcare divide, Dr Sood has set up a social enterprise called Medlumos Pvt Ltd.

MedLumos aims to redefine access to healthcare in rural areas by setting up tech-enabled health hubs in villages providing quality care at affordable prices to the rural population. She also ensured that the pricing was affordable to the pockets of the BPL families. Dr Aradhana Sood has been practising her skills in the various fields of Clinical Dermatology, Trichology, Regenerative Dermatology & Cosmetology, Dermatopathology, Leprosy and STI Management, Pediatric Dermatology, Chemical Peels & Acne Scar Management. She is considered an expert in clinical dermatology and is well-versed in the recent advances in the management of various skin diseases. Therefore, she is considered the best dermatologist in Hebbal. Dr Sood is a member of the Indian Association of Dermatologists, Venereologists, and Leprologists and the Cosmetic Dermatology Society of India. She is an integral part of the Telemedicine Society of India. She is well-versed in English, Hindi and Punjabi and is also learning Kannada enabling her to communicate with patients from all strata and different corners of the country.

Field of Expertise

- Clinical Dermatology
- Trichology
- Chemical Peels & Acne Scar Management
- Paediatric Dermatology
- Leprosy And Sti Management
- Dermatopathology
- Regenerative Dermatology & Cosmetology

Languages Spoken

- English
- Hindi

- Punjabi

Talks & Publications

- 40 National & International Publications.