

DR. SANJAY RAO

Consultant - Internal medicine

Qualification

MBBS | MD

Overview

Dr. Sanjay Rao is a highly skilled internal medicine specialist in Bangalore. He is currently practicing at Manipal Hospital Hebbal, Bangalore, as a Consultant - Internal Medicine. With more than 20 years of experience, he holds expertise in managing complex medical conditions and chronic diseases. Dr. Rao focuses on providing comprehensive care for conditions such as cerebrovascular accidents, pulmonary diseases, dengue fever, and tuberculosis, particularly in patients with HIV. His extensive experience allows him to offer personalized treatment and management plans for a wide range of internal medicine issues. Dr. Rao completed his MD in Internal Medicine from JSS Medical College, Mysore, in 1999. He has continuously advanced his skills and knowledge in various subspecialties. His special interest in cerebrovascular accidents ensures that he is at the forefront of stroke management, providing timely interventions and care to improve patient outcomes. Dr. Rao is also well-versed in pulmonology, where he handles respiratory conditions with precision, ensuring optimal care for patients suffering from chronic and acute lung diseases. Over the years, Dr. Rao has

developed expertise in managing infectious diseases, particularly tuberculosis and HIV-related conditions. His vast knowledge allows him to provide accurate diagnoses and implement evidence-based treatments, which are crucial in improving the quality of life for his patients. Dr. Rao is a strong advocate of preventive care, encouraging patients to take proactive steps in managing their health, including regular screenings and vaccinations. His holistic approach involves not only treating illnesses but also guiding patients toward better health practices. Apart from his clinical work, Dr. Rao has been involved in academic activities, including training DNB students in internal medicine. His commitment to education ensures that the next generation of physicians benefits from his extensive knowledge and experience. Dr. Rao has also presented papers on various medical topics, including a comparative study on tuberculosis in HIV-positive and HIV-negative patients, which highlights his dedication to research. Dr. Rao speaks Kannada, Hindi, English, and Tulu fluently, allowing him to communicate effectively with a diverse range of patients. His ability to converse in multiple languages enhances his patient-centered care, ensuring comfort and clarity in all interactions.

Fellowship & Membership

- IMA
- CSI
- API

Field of Expertise

- Internal Medicine

Languages Spoken

- Kannada
- Hindi
- English
- Tulu

Awards & Achievements

- Kempegowda Award Karnataka Govt. 2018.