

DR. ADITYA NAYAN

Consultant - Neurology

Qualification

MBBS | MD Medicine | DM Neurology | DrNB Neurology | FEBN (Vienna, Austria) | MRCP SCE (UK)

Overview

Dr. Aditya Nayan is a highly accomplished neurologist in Gurugram with extensive expertise in managing acute and complex neurological conditions. An alumnus of India's two most prestigious premier medical institutions, he completed his MD in Medicine at the All India Institute of Medical Sciences (AIIMS), New Delhi, and his DM in Neurology at the Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh. He further holds a DrNB in Neurology and prestigious international credentials, including a Fellowship of the European Board of Neurology (FEBN) from the University of Vienna, Austria, and the MRCP Speciality Certificate Examination (SCE) in Neurology from the United Kingdom. With five years of specialised experience, Dr. Nayan has established himself as a clinical leader in treating headache, stroke, epilepsy, dementia, and movement disorders. Recognised globally for his academic excellence, he was honoured as an International League Against Epilepsy (ILAE) Epilepsy Fellow. Dr. Nayan is exceptionally skilled in advanced diagnostic electrophysiology, complex neuroimaging interpretation, and specialised emergency interventions for ischemic stroke and rare neuro-infections. Beyond his

clinical practice, Dr. Nayan is a prolific clinical researcher with numerous publications in indexed international medical journals. His published work covers pioneering case reports on rare conditions such as Troyer Syndrome and combined oxidative phosphorylation deficiency, as well as crucial studies exploring dengue-associated acute disseminated encephalomyelitis. He has also actively presented his research on premier national and international stages, including the World Congress of Neurology (WCN) in Seoul and the Asian Oceanian Congress of Neurology in New Delhi. Registered with the Delhi Medical Council, Dr. Nayan is a Life Member of the Indian Academy of Neurology and the Indian Society of Neurosonology. He works closely with multidisciplinary rehabilitation teams to design comprehensive, post-stroke recovery plans and individualised lifestyle strategies for chronic headache and dementia patients. This collaborative model ensures that his patients receive holistic care that extends far beyond immediate clinical treatment. Fluent in English, Hindi, and Bengali, he is dedicated to delivering evidence-based, compassionate, and patient-centric neurological care to help individuals reclaim their neurological well-being.

Fellowship & Membership

- Fellow of the European Board of Neurology (University of Vienna, Austria).
- Life Member – Indian Academy of Neurology, Indian Society of Neurosonology, Member – IAN, Subsection Movement Disorder.

Field of Expertise

- Headache
- Stroke
- Epilepsy

- Movement Disorders
- Dementia

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- ILAE Epilepsy Fellow

Talks & Publications

- Nayan, A., Mehta, S., Khurana, D., Mehta, S., Lal, V. "Spastic paraplegia with short stature: Think of Troyer syndrome." Acta Neurol Belg. 2025 Aug; 125(4):1113-1115.
- Nayan, A., Mehta, S., Chakravarty, K., Mehta, S., Lal, V. "Generalised Dystonia as a Cardinal Manifestation of Combined Oxidative Phosphorylation Deficiency 1." Mov Disord Clin Pract, 2024; 11: 742-745.
- "Assessing the value added by evaluation of epilepsy patients at a dedicated Comprehensive Epilepsy Program." (Thesis submitted for DM Neurology).
- "A study of acute undifferentiated febrile illness, with special reference to scrub typhus and leptospira." (Thesis submitted for MD Medicine).
- "Dengue Fever with Acute Disseminated Encephalomyelitis: Sensorium Imbroglio." Journal of the Association of Physicians, 2019.

- "Haemophagocytic lymphohistiocytosis in patients with human immunodeficiency virus infection: to treat or not to treat." Pan African Medical Journal, 2019.
- "Body Packer Syndrome: A Radiological Denouement!" Journal of Emergency Medicine, 2018. Presentations.
- Poster Presentation: WCN, Seoul (2025).
- Oral Case Presentation: 7th Annual Conference of Neuro-sonology, Chandigarh (2024).
- Poster Presentation: National Conference of Neuro-ophthalmology, Chandigarh (2023).
- Poster Presentation: 18th Asian Oceanian Congress of Neurology, New Delhi (2022).
- Poster Presentation: Annual Research Day, AIIMS New Delhi (2018).