

DR. RISHU MISHRA

Consultant - Internal Medicine

Qualification

MBBS | MD (Internal Medicine)

Overview

Dr. Rishu Mishra is a highly acclaimed Senior Consultant in Internal Medicine, bringing over fifteen years of dedicated clinical expertise to his comprehensive practice. Registered with the Delhi Medical Council, his robust academic foundation commenced with an MBBS from a recognized medical college in Karnataka. Driven by a profound commitment to complex diagnostics, he subsequently earned his MD in Internal Medicine from a prominent health sciences university in Central India. Throughout his distinguished journey, Dr. Mishra has consistently demonstrated exceptional clinical leadership and a selfless dedication to public health. This was most notably recognized when he was honored with the prestigious Excellency Award by the Delhi Government on the 74th Independence Day for his outstanding contributions to COVID-19 management at a major government hospital in New Delhi. Furthermore, his relentless efforts during the global health crisis earned him a coveted Certificate of Appreciation from the Indian Medical Association. In his illustrious career, Dr. Mishra has held pivotal administrative and clinical roles, including serving as the Additional Medical Director, Senior Consultant, and DNB faculty

member at a leading multi-specialty healthcare institute. His clinical proficiency is remarkably vast, encompassing the precise management of lifestyle diseases, multi-system disorders, critical illnesses, and complex infectious diseases, including dedicated HIV care. Patients frequently rely on his exceptional expertise in treating acute medical emergencies such as toxicological poisonings, alongside the comprehensive management of hypertension, obesity, metabolic disorders, undiagnosed fevers, and geriatric medicine. Recognizing the critical importance of highly specialized care, Dr. Mishra has pursued rigorous additional qualifications. He successfully completed a Distance Fellowship in Diabetes Management (DFID), an Integrated Diabetes and Endocrine course, and a Certificate course in Diabetic Foot Management. Additionally, he holds a highly regarded Diploma in Allergy and Asthma Programme, enabling him to provide advanced immunological care. Beyond his extensive clinical commitments, Dr. Mishra is an active contributor to the academic medical community. He has authored more than ten original research articles published in respected indexed journals and frequently shares his clinical insights at premier national conferences, including APICON and RSSDI. He maintains active life memberships with elite professional organizations such as RSSDI, ISAAS, and IDCM. Fluent in both Hindi and English, Dr. Mishra is deeply committed to preventive health and adult immunization, seamlessly blending his vast internal medicine expertise and compassionate patient-centered approach to deliver holistic, world-class medical care.

Fellowship & Membership

- Distance Fellowship in Diabetes Management (DFID) — from CMC Vellore
- Diploma in Allergy and Asthma Programme — CMC, Vellore
- Completion of Integrated Diabetes and Endocrine Course — University of Newcastle, Australia

- Certificate Course in Diabetic Foot Management — IMMAST
- Life Membership of RSSDI
- Life Membership of ISAAS
- Life Membership of IDCM

Field of Expertise

- Lifestyle diseases
- Infectious diseases
- Multi-system diseases
- Poisoning due to various causes
- Adult vaccination/immunization
- Preventive health
- HIV care
- Critical illnesses
- Geriatric medicine
- Hypertension treatment
- Fever treatment
- Obesity and metabolic disorders

Languages Spoken

- Hindi
- English

Awards & Achievements

- Excellency Award by Delhi Govt. on 74th Independence Day, for outstanding contribution in the management of COVID-19 at Dr. Baba Saheb Ambedkar Hospital, Rohini Sector-6, New Delhi-110078.

- Certificate of Appreciation by the IMA Rohini Branch for Exceptional Work During the Corona Pandemic.

Talks & Publications

- More than 10 original publications in indexed journals
- Oral posters and paper presentations at national conferences such as APICON and RSSDI