

DR. AADHAR KHERA

Associate Consultant - Urology

Qualification

MBBS | MS (General Surgery) | M.Ch (Urology)

Overview

Dr. Aadhar Khera is a highly esteemed and compassionate Associate Consultant specializing in Urology and Robotic Uro-Oncology, bringing twelve years of extensive clinical experience to his practice. Registered with the Delhi Medical Council, he holds a robust academic foundation comprising an MBBS, a Master of Surgery in General Surgery, and a super-specialty M.Ch. in Urology. Known for his calm temperament, empathetic approach, and ethical patient care, Dr. Khera seamlessly integrates into multidisciplinary medical teams and communicates effectively with diverse patient populations. His dependable and conscientious nature makes him a standout professional who consistently displays clinical maturity and exceptional interpersonal skills. To further refine his surgical mastery, Dr. Khera completed a dedicated subspecialty fellowship in Robotic Uro-Oncology at the renowned Rajiv Gandhi Cancer Institute in Delhi, alongside the Prof. Roy Chally Memorial Fellowship in Endourology at ILSS, Faridabad. His surgical repertoire is highly advanced, having actively participated in over 250 robotic surgical cases and more than 200 major open and laparoscopic procedures. These encompass complex interventions

such as radical cystectomies with urinary diversion, radical and partial nephrectomies, pelvic exenterations, and retroperitoneal lymph node dissections. In the realm of uro-oncology, he is deeply involved in multidisciplinary tumor board discussions, systemic oncology protocols, and palliative care. He also brings a keen clinical interest to advanced diagnostic and therapeutic techniques, including High-Intensity Focused Ultrasound for prostate cancer and highly precise MRI-Ultrasound Fusion Prostate Biopsies. Beyond his oncological expertise, Dr. Khera provides comprehensive management across diverse urological subspecialties. He is an expert in endourology and urolithiasis, expertly performing procedures like RIRS, PCNL, and ureteroscopy for complex stone disease, alongside conducting endoscopic interventions for benign prostatic enlargement. His broad clinical scope also encompasses comprehensive care for renal transplantation patients, andrology and male infertility, female urology including pelvic floor dysfunctions, and the management of neurogenic bladder issues. An active academic contributor, Dr. Khera holds a life membership with the Urological Society of India and has published and presented numerous papers on surgical safety, advanced tumor management, and complex urological procedures, cementing his dedication to elevating the standards of modern urological care.

Fellowship & Membership

- Fellowship in Robotic Uro Onco Surgery(RGCI)Delhi
- Fellowship -Prof. Roy Chally Memorial Endourology (ILSS), Faridabad
- Indian Medical Association (Gurugram Chapter)
- Urological Society of India Life Membership

Languages Spoken

- English
- Hindi
- Punjabi
- Tamil
- Telugu

Talks & Publications

- Khera A, Javed M. Prospective Study of Implementation of Safety Checklist in Surgery. Indian Journal of Applied Research. 2018; 8(4): 260 262.
- Malhotra MK, Malhotra S, Chowdhary K, Khera A, Singh P. Surgical Safety Checklist Popularity among Surgeons A Survey. Bangladesh Journal of Medical Science. 2017; 16(4): 521 524.
- Kumar M, Singh J, Sharma P, Khera A, Singh P. Accidental Intra-arterial Injection of Diclofenac Report. J Clin Diagn Res. 2015; 9(1): PD16 7.
- e-Paper: ""Outcome of Pyeloplasty in Horseshoe Kidney"" NUZICON 2023, Bikaner, Rajasthan Poster: ""Hydatid Cyst of Brain"" ASICON 2017