

DR. SURABHI

Consultant - Gastroenteologist

Qualification

MBBS (Hons.,Gold medalist) | MD | DM

Overview

Dr. Surbhi is a highly distinguished and dedicated Consultant Gastroenterologist and Hepatologist with over twelve years of extensive clinical experience in managing complex gastrointestinal, liver, and biliary disorders. In her daily clinical practice, Dr. Surbhi has cultivated a deep and specialized focus on hepatology and advanced liver diseases. She is exceptionally skilled in handling critical hepatic emergencies, including acute liver failure and acute-on-chronic liver failure, frequently utilizing advanced life-saving interventions such as plasmapheresis to stabilize critically ill patients. Her comprehensive liver care extends to the meticulous, long-term management of Hepatitis B and Hepatitis C, liver cirrhosis, and hepatocellular carcinoma, commonly known as liver cancer. Furthermore, she is highly proficient in managing severe, life-threatening complications of liver disease, such as ascites, hepatic encephalopathy, and variceal bleeding. Her extensive hepatology expertise also covers metabolic-dysfunction associated steatotic liver disease, traditionally known as fatty liver, as well as the highly delicate management of liver diseases during pregnancy, ensuring the utmost safety for both mother and

child. Beyond her work in hepatology, Dr. Surbhi is a leading expert in the management of Inflammatory Bowel Disease, encompassing the complex treatment of both Ulcerative Colitis and Crohn’s disease. She takes a highly strategic approach to patient care, focusing meticulously on rapid IBD flare management while designing sustainable, long-term remission strategies tailored to each patient's lifestyle. Additionally, Dr. Surbhi possesses advanced diagnostic and therapeutic capabilities in treating a wide spectrum of pancreatic and biliary disorders. She routinely manages acute and chronic pancreatitis, expertly evaluates complex pancreatic cystic lesions and potential pancreatic malignancies, and treats various acute and chronic gallbladder and biliary tract diseases. Her clinical brilliance is consistently matched by her active involvement in medical research and academic forums. Through a perfect blend of exceptional academic credentials, vast clinical experience, and a compassionate, patient-first approach, Dr. Surbhi remains dedicated to providing the highest standard of gastroenterological and hepatological care.

Field of Expertise

- Hepatology & Advanced Liver Diseases
- Acute liver failure (ALF) & Acute on chronic liver failure (ACLF)
- Plasmapheresis in ALF & ACLF
- Hepatitis B & Hepatitis C
- Cirrhosis and Liver cancer (HCC)
- Ascites, HE & variceal bleeding
- Fatty liver (MASLD)
- Liver diseases in pregnancy
- Inflammatory Bowel Disease
- Ulcerative colitis and Crohn’s disease
- IBD flare management & long-term remission strategies
- Dysplasia surveillance and cancer prevention in IBD
- Pancreatic And Biliary Disorders

- Acute and chronic pancreatitis
- Pancreatic cystic lesion
- Pancreatic malignancy evaluation
- Gall bladder and biliary tract diseases

Languages Spoken

- English
- Hindi

Awards & Achievements

- 2nd Prize – Oral Plenary Session, TNISGCON 2024
- 3rd Prize – Best E-Poster Award, TNISGCON 2023
- Gold Medalist in all Final MBBS Professional Examinations
- Overall State Topper in 2nd Professional MBBS examination