



DR. ANAND KUMAR CHOPRA

Consultant - Anaesthesiology

Qualification

M.B.B.S | M.D (Gold Medalist)

Overview

Dr. Anand Kumar Chopra is a highly experienced anesthesiologist in Gurgaon. He is an expert in giving safe and appropriate anaesthesia to all types of patients. His areas of expertise are Obstetrics Anaesthesia, and he holds good experience in various other sub-specialities like obstetric pediatric anaesthesia, geriatric anaesthesia, neuroanaesthesia, onco anaesthesia & regional anaesthesia. Dr. Anand has good communication skills and the ability to make a good rapport with fellow doctors, nursing officers, OT technicians and other staff. He is punctual, sincere and diligent. Dr. Anand abides by the motto of Manipal Hospitals, which are: clinical excellence, ethical practices and patient centricity. He is also an ardent believer in patient rights and addresses all the concerns a patient may have regarding anaesthesia and its after-effects. Dr. Anand maintains confidentiality while handling the patient data. Dr. Anand has worked with many prestigious institutions in the country, and his academic writings and research findings are part of multiple renowned publications and medical journals. To stay updated in his field, he actively participates in events and CMEs, as this gives him insights into the latest technological

advancements and global trends. Dr. Anand has excellent communication skills, which help him make a connection with the patient and guide him about the after effects of anaesthesia and guidance on do's and don'ts post procedure. Dr. Anand has strong decision-making and problem-solving abilities. He has the ability to work under pressure and handle emergencies effectively. His attention to detail and commitment to patient safety are unmatched and admired by all. Dr. Anand's academic writings and research work have been published in various reputed publications and medical journals. He also actively participates in the events organised by the hospital with the objective of sharing the right medical information in the public domain and busting the common myths.

Field of Expertise

- Trauma Care.
- Anaesthesia for Arthroplasty.
- Anaesthesia for Minimal Access Surgery.
- Anaesthesia for High-Risk Pregnancy.
- Anaesthesia for Bariatric Surgery.
- Anaesthesia for Neuro & Spine Surgery.
- Anaesthesia in Field & High Altitude.
- Anaesthesia in Remote locations.

Languages Spoken

- English
- Hindi

Awards & Achievements

- ISA Delhi Chapter Secretary's Appreciation Award was awarded

during ISACON Delhi 2019, 13th-14th April 2019, at Hotel Radisson Blu, Paschim Vihar.

Talks & Publications

- Saxena AK, Chilkoti GT, Chopra AK, Banerjee BD, Sharma T. Chronic persistent postsurgical pain following staging laparotomy for carcinoma of the ovary and its relationship to signal transduction genes. Korean J Pain. 2016 Oct;29(4):239-248.
- Chopra AK, Bajaj M, Saxena AK, Talwar H, Yadav N, Chilkoti GT. Pulsed Radiofrequency lesioning at multiple trigger points around the scar in chronic persistent post-surgical neuropathic pain following total abdominal hysterectomy and laparotomy. Indian J Pain 2019(accepted and will be published in the next edition).
- Saxena AK, Saxena A, Chopra AK, Talwar H, Bajaj M, Yadav N. Clinical practice of palliative care: Current Concepts and Future perspectives. Ann Nati Acad Med Sci 2019(accepted & up for corrections).