



DR. SAURABH ARGAL

Consultant - Gastroenterology And Hepatology

Qualification

MBBS | DNB (GENERAL MEDICINE) | DM (HEPATOLOGY)

Overview

Dr Saurabh Argal is a highly experienced Hepatogastroenterologist and Transplant Hepatologist, with over 13 years of dedicated clinical practice. Currently serving as Consultant at Manipal Hospital, Gurugram, he is known for his commitment to patient care and clinical excellence in the field of liver and gastrointestinal diseases. He completed his MBBS from MGM Medical College, Indore, and went on to pursue a DNB in General Medicine. He further specialised with a DM in Hepatology and Transplant Hepatology from IPGIMER, Kolkata—one of the leading centres in the country. His clinical expertise encompasses Hepatitis B and C-related liver disease, NASH (non-alcoholic steatohepatitis), alcohol-induced liver damage, cirrhosis and its complications, as well as liver transplantation. Dr Argal is proficient in advanced diagnostic and therapeutic procedures including endoscopy, colonoscopy, and ERCP. He has extensive experience in liver transplantation and post-transplant care, and is a member of INASL (Indian National Association for Study of the Liver). His academic contributions include published articles and chapters in reputed medical publications and textbooks. Notably, he has written on topics

such as the management of variceal bleeding, allograft rejection, the role of viral markers in liver disease, and alcohol-related liver pathology. Dr Argal has held key clinical positions at renowned institutions such as Kokilaben Hospital Indore, Fortis Shalimar Bagh, BLK Hospital, and Fortis Escorts, Delhi. He has also undertaken observerships and senior residency in premier liver units, including training under eminent transplant surgeon Dr Subhash Gupta. Fluent in both English and Hindi, Dr Argal ensures effective communication with patients from diverse backgrounds. His evidence-based, empathetic approach makes him a trusted name in hepatology and gastroenterology.

Fellowship & Membership

- INASL member

Field of Expertise

- Hepatitis B & C related Liver Disease
- NASH (Diabetes & Obesity-related Liver disease)
- Alcohol-related Liver Disease
- Cirrhosis & Complications
- Liver Transplantation

Languages Spoken

- English
- Hindi