

DR. BRIG (PROF) KS BRAR VSM**

HOD & Consultant - Adult & Pediatric Endocrinology & Diabetology

Qualification

MBBS | MD | DNB (Med) | FCCP | FSASMS | MNAMS | Fellowship Endocrinology (AIIMS)

Overview

Brig (Prof) KS Brar is the best HOD & Consultant - Adult & Pediatric Endocrinology & Diabetology in Gurugram at Manipal Hospitals. He has been trained at the All India Institute of Medical Sciences (AIIMS), where he gained rich experience in managing all kinds of Adult and Paediatric Endocrine Disorders. He has rich clinical experience of 32 years in managing Endocrine and Diabetes patients. Dr. KS Brar is an excellent teacher, a gifted researcher, a gifted orator and a prolific writer. He has published over 60 articles in national and international peer-reviewed medical journals. He has written many chapters and is Co-editor of four textbooks for PG students. Dr. KS Brar is a recognised Teacher, Guide and Examiner for Endocrinology by the National Board of Examinations, India. For his Distinguished service and contribution in the field of Endocrinology and Diabetology, Dr KS Brar was awarded the Prestigious Vishisht Sewa Medal (VSM) by the President of India, Hon’ble Shri Pranab Mukherjee, on 26 Jan 2014 and once again by the President of India, Hon’ble Shri Ram Nath Kovind on 26 Jan 2022, besides various other awards. He has a special interest in treating Diabetes Mellitus, Thyroid Disorders, Neuroendocrinology, and

Metabolic Bone Diseases, including Osteoporosis and Adrenal disorders. Dr. KS Brar is one of the best endocrinologists in Gurugram, known for compassionate conduct and a personalised treatment approach.

Fellowship & Membership

- Fellowship of Society for Advances Studies in Medical Sciences (FSASMS).
- Membership of the National Academy of Medical Sciences (MNAMS).
- Fellowship of College of Chest Physician (Ind).
- Association of Physicians of India.
- Endocrine Society of India.
- Indian Thyroid Society.
- Research Society for Study of Diabetes in India.
- Cardiology Society of India

Field of Expertise

- Diabetes Mellitus
- Thyroid Disorders
- Neuroendocrinology
- Adrenal disorders
- Short Stature
- Precocious / Delayed Puberty
- Metabolic Bone Diseases
- Osteoporosis
- Obesity/Lipid Disorders
- Cardio-Diabetology

Languages Spoken

- Hindi
- English
- Punjabi

Awards & Achievements

- Awarded with Vishisht Chikitsa Medal (VCM) by the Association of College of Chest Physicians and Society for Advanced Studies in Medical Science (India) in 2003.
- Did pioneering work in vitamin D deficiency-related morbidity and mortality on hip fracture? This paper was awarded as the second-best original paper by the Association of Physicians of India in 2008.
- He has been recognized as a medical teacher, an academician and a clinician of repute.
- He is a recognized MD Med, DNB Med and DNB Endocrinology Guide, Paper setter and examiner at RGUHS, DU and NBE.
- Brig KS Brar is a recipient of the prestigious award of “Vishisht Seva Medal” (VSM), on 26 Jan 2014, by the Honourable President of India, Shri Pranab Mukherjee, for outstanding contribution to the field of Endocrinology.
- Brig KS Brar again received the prestigious award of “Bar to Vishisht Seva Medal” (VSM**), on 26 Jan 2022, by the Honourable President of India, Shri Ram Nath Kovind, for distinguished service of high order and outstanding contribution in the field of Endocrinology.
- Recipient of Chief of Army Staff Commendation Card in 2022.
- Recipient of award of CISC commendation card in 2013 by Chief of Integrated Defence Services Command, Ministry of Defence.
- Recipient of award of GOC-in-C Commendation card by GOC-in-C SWC, Indian Army, in 2011.

- He is also the proud recipient of the prestigious International “Sardar Patel Award” in 2015; awarded for his excellence in the field of Endocrinology.
- Included in “Who’s Who in the World” 2013, by Marquis Who’s Who World Publication Board.

Talks & Publications

- More than 62 publications in peer-reviewed national and International Journals.
- Contributed to a chapter in API Textbook of Medicine (2008), titled “Disorders of Thyroid Gland”.
- Editor of book and written four chapters in Endocrinology in ISBN-978-81-9230-0-0-0 Indexed Book “PG Clinics of AH(R&R)”. Published in 2012.
- “Chapter: Approach to a case of Acromegaly”. S Kharb, A Pandit, K S Brar, M K Garg.01/2012: “PG Clinics of AH(R&R)” pages 30-35; ISBN: 978-81-9230-0-0-0.
- “Chapter: A case of diabetic autonomic neuropathy”. K S Brar, M K Garg, A Pandit, S Kharb. 01/2012: “PG Clinics of AH(R&R)” pages 22-29; ISBN: 978-81-9230-0-0-0.
- “Chapter: A case of Addison’s disease”. A Pandit, S Kharb, M K Garg, K S Brar. 01/2012: “PG Clinics of AH(R&R)” pages 36-42; , ISBN: 978-81-9230-0-0-0.
- "Chapter: A case of Cushing’s disease”. M K Garg, K S Brar, S Kharb, A Pandit. 01/2012: “PG Clinics of AH(R&R)” pages 17-21; ISBN: 978-81-9230-0-0-0.
- Editor of the second Vol of “Clinical Problem Solving in Medicine Vol-II 2016”.
- Editor of the first Vol of “Clinical Problem Solving in Medicine 2015”.
- Editor of textbook “PG Clinics of CHAFB 2014.