

DR. ILA JALOTE

Consultant - Obstetrics & Gynaecology

Qualification

MBBS (Gold Medallist) | M.S (Certificate of honour) | MRCOG (UK) | FACOG(USA) | FMAS | DMAS | Fellowship in Minimal Access Surgery | Diploma in Gynaecological Endoscopic Surgery (Germany) | Fellowship in Infertility | Advanced ultrasound training

Overview

Dr. ila jalote is the best Obstetrician and Gynaecologist in Gurugram with over 11 years of experience. She is skilled in all advanced Laparoscopic procedures like TLH, Myomectomy, Ovarian Cyst Excision, etc., and operative Hysteroscopic procedures. Special proficiency in managing high-risk pregnancies with expertise in painless delivery. Dr. Ila Jalote completed her M.B.B.S. from G.S.V.M. Medical College, Kanpur, with many gold medals and certificates of honour, including Dr. Tej Bahadur and Smt. Rajeshwari Nigam Gold Medal for the highest in all professional M.B.B.S. She completed her M.S. in Obst. & Gynae. from M.L.N. Medical College, Allahabad, with a Certificate of honour for the highest marks. She went on to work as Chief Resident in UCMS Medical College, New Delhi, Hindu Rao Hospital, Delhi, and King George’s Medical University, Lucknow and worked as an Assistant. Professor and Endoscopic Surgeon at Hind Institute of Medical Sciences, Lucknow. She completed her University-accredited Postdoctoral Clinical fellowship in Minimal Invasive

Gynaecological Surgery from Mumbai and her Diploma in Gynaecological Endoscopic Surgery from Christian-Albrechts-University, Kiel, Germany. She also holds a Post Doctoral Fellowship in Infertility and ART, and is FOGSI certified in Basic and Advanced Ultrasound Training from Mumbai. She also has the prestigious MRCOG degree from the Royal College of Obstetricians and Gynaecologists, UK. Dr. Ila Jalote is a published Author in International and National Journals and has been invited as faculty at many state and national conferences.

Fellowship & Membership

- Indian Association of Gynaecological Endoscopy.
- The Federation of Obstetric and Gynaecological Societies of India.
- Royal College of Obstetrics and Gynaecology(UK).
- Gurgaon Obstetrics and Gynaecology Society.
- UP Chapter of Obstetrics and Gynaecology.

Field of Expertise

- Advanced Gynaecological Laparoscopy
- Advanced Hysteroscopy
- Fibroid uterus
- Endometriosis
- Ovarian cysts
- High-risk Pregnancy
- Infertility
- Painless delivery
- Postmenopausal complaints

Languages Spoken

- English
- Hindi

Awards & Achievements

- Certificate of Honour for highest marks in M.S. Obst. & Gynae.
- Dr. Tej Bahadur and Smt. Rajeshwari Nigam Gold medal for the highest percentage of marks in all professional M.B.B.S examinations.
- Gold medal for highest marks in Forensic Medicine.
- Silver medal in Biochemistry.
- Paper in Ophthalmology, Community Medicine, Microbiology.
- Certificate of honour for distinction in Forensic Medicine, Anatomy, and Biochemistry.
- Multiple awards for best paper/poster presentation at the National level.
- Published multiple papers in International and National journals.
- Invited as Faculty in multiple State and National conferences.

Talks & Publications

- Sinha, R., Jalote, I., Sinha, M. et al. Surgical complications in 448 gynecological 3D laparoscopic surgeries adopting the Clavien—Dindo classification. Gynecol Surg13, 333–338 (2016). https://doi.org/10.1007/s10397-016-0973-1.
- Rathoria R, Rathoria R, Bansal U, Mishra M, Jalote I, Shukla N, Agarwal D. Study of risk factors and perinatal outcome in meconium stained deliveries from a district of Uttar Pradesh, India Indian Journal of Reproduction, Contraception, Obstetrics and Gynaecology, VOL 7(No 9) (2018)

https://dx.doi.org/10.18203/2320-1770.ijrcog20183761.

- Singh U, Dayal M, Jalote I A rare case of cervical cyst involving the whole of the cervix. The journal of UP Chapter of Obstetrics and Gynaecology 2013 June Vol 19 84-85.
- Speaker and Faculty Yuva Indian association of Gynaecological Endoscopists 2021.
- Faculty and organizing committee All India Congress of Obstetrics and Gynaecology(AICOG), 2020.
- Speaker and Faculty of UP Chapter of Obstetrics and Gynaecology (UPCOG),2018.
- Chairperson and Faculty DIPSI-2017.
- Faculty and organizing committee of North zone Yuva FOGSI, 2017.
- Faculty and speaker at AICOG 2017.
- Dr Ila Jalote in an authored article on 5 Most common health problems of women in their 20s in HT Healthshots -World Health Day.Click Here
- Dr. Ila Jalote educating women on 5 Everyday Habits That Are Harming Your Vaginal Health in HerZindagi | Exclusive story.Click Here
- Dr. Ila Jalote on Expert Explains If Back Pain During Periods Is Normal | HerZindagi.Click Here
- Do not ignore this disease related to the uterus, negligence can prove fatal. Click Here
- How Pregnancy Triggers Insulin Resistance – Expert Explains. Click Here