



DR. AYUSH DHINGRA

Consultant - Gastroenterology

Qualification

MBBS | MD (Internal Medicine) | DNB (Gastroenterology)

Overview

Dr. Ayush Dhingra is a Medical Gastroenterologist & Therapeutic GI Endoscopist practising with a rich experience in this field. He completed his MBBS from the Government Medical College University of Mysore, Post-graduation in MD (General Medicine) from Army Hospital R&R New Delhi and a Superspeciality Degree (Gastro) from Army Hospital R&R New Delhi. He is one of the best gastroenterologists in Gurugram. He has vast experience in both diagnostic and therapeutic endoscopy, dyspepsia management, functional bowel disorders, control of gastrointestinal bleeding (variceal & non-variceal), endoscopic polypectomy, colonoscopic cancer surveillance, endoscopic balloon dilatation of strictures/achalasia cardia, ERCP & Endoscopic ultrasound. He is trained in the holistic management of inflammatory bowel disease and viral hepatitis. He had a distinguished academic career, which has given him a broad insight into the subject, enabling him to deal with the clinical management of adult gastroenterology clinical services and endoscopic procedures in both adults & children. In addition, his expertise in performing endoscopic procedures for diagnostic and

therapeutic purposes has made him a sought-after medical gastroenterologist. He has good skills in the management of Acid reflux, Ulcers, IBS / Functional bowel disorders, Viral hepatitis, Polyps or growths in the gastrointestinal tract, Jaundice, or yellowing of the skin, Haemorrhoids, Pancreatitis, and Colon cancer. He values ethics and practices evidence-based medicine and follows international and national protocols in patient management. His communication skills in counselling patients and family have enabled him to get the patients to come for follow-up and long-term treatment. He is considered the best gastroenterologist in Gurugram.

Fellowship & Membership

- Fellowship in (Advanced GI Endoscopy)
- Indian Medical Association (IMA)

Field of Expertise

- Medical Gastroenterology

Languages Spoken

- Hindi
- English

Awards & Achievements

- Best Gastroenterology Award in a program.

Talks & Publications

- [Common digestive issues: Can home remedies help? | Firstpost | Exclusive story.](#) [Click Here](#)
- [Dr. Ayush Dhingra on Common digestion issues: Can home remedies help ?| Firstpost | Exclusive story.](#) [Click Here](#)