



## **DR. AYUSH DHINGRA**

Consultant

### **Qualification**

MBBS, MD (Internal Medicine), DNB (Gastroenterology)

### **Overview**

- • Pancreatitis
- • Colon cancer
- He values ethics and practices evidence based medicine and follows international and national protocols in patient management. His communication skills in counselling patients and family has enabled him to get the patients to come for follow up and long term treatment.

## Fellowship & Membership

- Dr Ayush Dhingra is a Medical Gastroenterologist & Therapeutic GI Endoscopist practicing with a rich experience in (his field). He completed MBBS from Govt. Medical College University of Mysore, Post-graduation in MD (General Medicine) from Army Hospital R & R New Delhi and Superspeciality Degree (Gastro) from Army Hospital R & R New Delhi.

## Field of Expertise

- Medical Gastroenterology
- He has vast experience in both diagnostic and therapeutic endoscopy which includes management of dyspepsia, functional bowel disorders , control of gastrointestinal bleed (variceal & non-variceal), endoscopic polypectomy , colonoscopic cancer surveillance , endoscopic balloon dilatation of strictures / achalasia cardia , ERCP & Endoscopic ultrasound

## Languages Spoken

- Hindi
- English
- He is trained in the holistic management of inflammatory bowel disease and viral hepatitis.

## Talks & Publications

- He had a distinguished academic career, which has given him a broad insight into the subject which has enabled him to deal with clinical management of adult gastroenterology clinical services and endoscopic procedures in both adults & children.
- [Click Here](#)
- Dr. Ayush Dhingra on Common digestion issues: Can home remedies help ? | Firstpost | Exclusive story. [Click Here](#)
- In addition, his expertise in performing endoscopic procedures for diagnostic and therapeutic purposes has made him a sought after medical gastroenterologist. He has good skills in management of;

- • Acid reflux
- • Ulcers
- • IBS / Functional bowel disorders
- • Viral hepatitis
- • Polyps, or growths in the gastrointestinal tract
- • Jaundice, or a yellowing of the skin
- • Hemorrhoids