

DR. ANUBHAV GULATI

Consultant - Orthopaedics & Joint Replacement

Qualification

MBBS | MS ORTHO

Overview

Dr. Anubhav Gulati is the best Orthopaedic and Joint Replacement Surgeon in Gurugram, having 19 years of experience in prestigious institutions in India and abroad. He is a graduate of Kanpur Medical College and a post-graduate from Meerut Medical College. After post-graduation, he worked as a senior resident at SVB Hospital Medical College, Meerut, and later moved to the National Trauma and Orthopaedic Hospital of Oman (Khoula Hospital), where he gained good experience in managing complex polytrauma patients and sports injuries of the knee. He did the MRCS (part 1) from the Royal College of Surgeons of Edinburgh and a Principles of Operative Fracture Management course from AO Switzerland. Dr. Anubhav Gulati has been working with many hospitals in Delhi NCR since his return from Oman. Dr. Anubhav is experienced in performing routine fracture-related surgeries, joint replacement, and reconstruction surgeries. He has also performed a large number of osteotomies around the hip, PFN nailing, minimally invasive percutaneous procedures, arthroscopic ACL reconstructions, rotator cuff repairs, and deformity correction in CP and Poliomyelitis. The skills include competence in wound debridement,

external fixator application, major and minor reductions, upper and lower limb fracture fixation with the AO technique, hemiarthroplasty of the hip, etc. He is vastly experienced in long bone fracture fixations with interlocking nails, diaphyseal and periarticular fracture fixation, acetabular fracture fixation through both anterior and posterior approaches, spinal decompression and stabilisation with heart shell, transpedicular screw fixation, discectomies, scoliosis correction, etc His areas of interest are complex trauma management, joint replacement surgeries and arthroscopic surgery of the knee. Apart from offering the best personalised treatment to patients, Dr. Anubhav has also appeared on various media platforms to share his thoughts and disseminate the right medical information to the public. Besides vast knowledge and excellent skills, his sincerity, commitment towards patients and conduct make him one of the best Orthopaedic surgeons in Gurugram.

Field of Expertise

- Orthopaedics

Languages Spoken

- Hindi
- English

Talks & Publications

- Foot and Ankle Workshop, ISIC, Delhi, Nov 2016.
- Advanced knee symposium, Max Hospital, Shalimar Bagh, Aug 2016.
- Exeter Hip Cementing Technique Course, Medanta Hospital, Jan 2013.

- Gurgaon Orthopaedic Society’s Advanced Hip, Shoulder, and Wrist Symposium, Nov 2012.
- Knee Arthroplasty Cadaveric Workshop, Jan 2011, MAMC New Delhi.
- AIIMS Cadaveric Knee Arthroscopy Workshop, Sep 2010, New Delhi, India.
- Synthes (AO Swiss) Seminar on external fixation, nailing, and plating, March 2005, Muscat.
- Dr. Anubhav Gulati on Why do women's bones become weak after the age of 30? This is the reason and remedies | Live Hindustan | Exclusive Story. Click Here