



## DR. GURDEEP AVINASH RATRA

Consultant - Orthopedics

### Qualification

MBBS | MS (Orthopaedics) | Fellowship In Joint Replacement (Germany) | Fellowship In Joint Replacement and Sports Medicine (Austria) | Fellowship In Shoulder Replacement

### Fellowship & Membership

- Fellowship In Joint Replacement And Sports Medicine (Austria)
- Fellowship In Joint Replacement (Germany)
- Advanced Shoulder Replacement Training (France)
- A.O. Masters Course (Switzerland)

### Field of Expertise

- Orthopaedics

### Languages Spoken

- Hindi
- English

### Talks & Publications

- Dr. Gurdeep Avinash Ratra on Cervical Pain: You are troubled by cervical pain, treat with these easy tips in The Quint.[Click Here](#)
- Dr. Gurdeep Singh on Frozen shoulder? This is how long it can take for recovery| HT Healthshots | Authored article.[Click Here](#)
- Dr. Gurdeep Avinash Ratra on Cervical Pain | The Quint.[Click Here](#)
- Dr. Gurdeep Avinash Ratra on can menopause increase the risk of osteoporosis in | Live Hindustan (Digital) | World Osteoporosis Day.[Click Here](#)
- Dr. Gurdeep Avnish Ratra on Natural ways to improve bone density | The Times of India (Online) [Click Here](#)