



DR. TRUPTI PARIKH

Consultant - Ophthalmology

Qualification

MBBS | MS (Ophthalmology)

Overview

Dr. Trupti Parikh is a clinically competent Ophthalmologist with expertise in OPD evaluation, comprehensive ocular diagnostics, and surgical management of ophthalmic conditions. She holds a Master of Surgery (M.S.) in Ophthalmology from Gujarat Adani Institute of Medical Science, Bhuj, and completed her MBBS from GCS Medical College, Ahmedabad. Dr. Parikh is officially registered with the Gujarat State Medical Council. Dr. Parikh specialises in comprehensive eye examinations, pre- and post-operative surgical care, emergency ophthalmic procedures, and specialised laser interventions, including ND: YAG Laser Capsulotomy. Her surgical and procedural expertise includes Small Incision Cataract Surgery (SICS), Phacoemulsification assistance, minor anterior segment and eyelid procedures (such as chalazion, pterygium, and lid tear repairs), and assisting in advanced corneal, glaucoma, and retinal surgeries. She is also trained in Retinopathy of Prematurity (ROP) screening, medical retina evaluations, and critical care certifications, including Basic Life Support (BLS), Basic Course in Biomedical Research (BCBR), and Good Clinical Practice (GCP). In addition to her clinical and surgical responsibilities,

Dr. Parikh is dedicated to medical research and academic instruction. She has conducted a detailed epidemiological dissertation study on glaucoma in pseudoexfoliation syndrome in the Kachchh region and has presented scientific e-posters at prestigious national forums, including the All India Ophthalmological Society (AIOC) mid-term conference.

Field of Expertise

- Cataract & Anterior Segment Surgery: Small Incision Cataract Surgery (SICS), assisted phacoemulsification, and Nd laser capsulotomy.
- Cornea & Ocular Surface: Corneal tear repair, GluBCL intrastromal injections, amniotic membrane grafting, assisted keratoplasty, and corneal tattooing.
- Medical Retina & Screening: Retinopathy of Prematurity (ROP) screening, intravitreal injections, medical retina evaluation, and assisted retinal surgery.
- Glaucoma & Ocular Pressure Management: Cyclocryosurgery and assisted glaucoma surgeries.
- Oculoplastics, Orbit & Reconstructive Surgery: Chalazion excision, pterygium surgery, lid tear repair, lid tumour surgery, dermoid cyst surgery, tarsorrhaphy, foreign body (FB) removal, evisceration, enucleation, and exenteration.

Languages Spoken

- English
- Hindi
- Gujarati

Talks & Publications

- Dissertation: Epidemiological Profile of Glaucoma in Pseudoexfoliation Syndrome in the Kachchh Region: A Cross-sectional Study.
- Conference Presentation: Presented an e-poster titled “Marcus Gunn Jaw-Winking Phenomenon: A Rare Oculomotor Anomaly” at the AIOC 3rd Mid-term Meeting, 2024.