



## **DR. ASHMITHA PADMA**

Consultant - Internal Medicine

### **Qualification**

MBBS | MD (General Medicine)

### **Overview**

Dr. Ashmitha Padma is an experienced Internal Medicine Specialist currently practising at Manipal Hospitals, Goa. She is committed to delivering evidence-based patient care, prioritising precise clinical outcomes and long-term wellness. Her comprehensive approach covers both acute and chronic disease management, balancing structured continuity of care for chronic conditions with the rapid, critical interventions required in acute medical situations. Her clinical training started with an MBBS from JN Medical College, Belgaum. She then completed a Fellowship in Emergency Medicine from St. John's Medical College, Bengaluru, alongside a PG Diploma in Clinical Cardiology from Narayana Hrudayalaya, Bengaluru. Dr. Padma further advanced her academic specialisation with an MD in General Medicine from S. Nijalingappa Medical College, Bagalkot. She also holds certifications in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) from the American Heart Association. Additionally, she earned a specialised Certification in Infectious Diseases from D.Y. Patil Medical College. With formal training in emergency medicine and advanced cardiac life support, Dr. Padma is fully equipped to manage urgent, life-

threatening clinical emergencies with stability and precision. She also maintains a clinical focus on the long-term management of diabetes and metabolic health, treatment of complex infectious diseases, and diagnosis and management of conditions within venereology. Driven by a patient-centred philosophy, Dr. Padma ensures that each individual receives thorough, individualised, and ethical medical care.

### **Fellowship & Membership**

- Completed Fellowship in Emergency Medicine from St. John's Medical College
- Completed Certification in Basic Life Support and Advanced Cardiac Life Support from the American Heart Association
- Completed Certification in Infectious Diseases from DY Patil Medical College

### **Field of Expertise**

- Acute and chronic disease management
- Emergency medicine
- Basic Life Support and Advanced Cardiac Life Support
- Infectious Diseases
- Diabetes
- Venereology

### **Languages Spoken**

- English
- Hindi
- Kannada
- Telugu
- Tamil

- Konkani