DR. NISHA A NAIK

Consultant - OBG

Qualification

MBBS | MS Obstetrics and Gynaecology | FMAS

Overview

Dr. Nisha A Naik is a dedicated Obstetrician & Gynaecologist with more than seven years of experience in managing high-risk pregnancies, gynaecological disorders, and infertility cases. She is committed to providing evidence-based, patient-centred care while staying up to date with the latest advancements in obstetrics and gynaecology. Her educational journey began with an MBBS, followed by a Master of Surgery (MS) in Obstetrics and Gynaecology from Goa University. She then completed a Fellowship in Minimal Access Surgery (FMAS) in Gynaecology along with a Certification in Ultrasound in Obstetrics and Gynaecology (ISUOG Basic Training Course). Dr. Naik holds memberships with prestigious medical bodies, including the Federation of Obstetric & Gynaecological Societies of India (FOGSI) and the International Society of Ultrasound in Obstetrics and Gynaecology (ISUOG). Her core clinical expertise lies in managing high-risk pregnancies, encompassing both complex normal deliveries and lower-segment cesarean sections (LSCS). She provides comprehensive gynaecologic, surgical and medical management for a wide range of conditions. Her surgical practice focuses on advanced laparoscopic

procedures, including laparoscopic hysterectomy, cystectomy, and tubal ligations. Additionally, she offers targeted infertility treatments, including Intrauterine Insemination (IUI), and utilises specialised ultrasound in gynaecology and obstetrics for precise diagnostic evaluation and monitoring. Beyond surgical interventions, her practice includes providing complete prenatal, antenatal, and postnatal care to women. She manages age-related transitions through expert guidance on menopause and hormone therapy. Grounded in a strong commitment to patient counselling and medical ethics, she ensures every patient is thoroughly informed and empowered regarding contraception, reproductive health, and treatment decisions.

Fellowship & Membership

- Completed Fellowship in Minimal Access Surgery (FMAS) in Gynaecology
- Completed a Certification Course in Ultrasound in Obstetrics and Gynaecology
- Member of the Federation of Obstetric & Gynaecological Societies of India (FOGSI)
- Member of the Indian Medical Association (IMA), Bardez City Branch, Goa.
- Member of the International Society of Ultrasound in Obstetrics and Gynaecology (ISUOG)

Field of Expertise

- High-Risk Pregnancies (Normal Deliveries and LSCS)
- VBAC (Vaginal Birth After Caesarean) & Instrumental Deliveries (Forceps & Vacuum)
- Laparoscopic Surgeries, Hysterectomy, Ovarian Cystectomy, Tubal Ligation

- Fibroids, Ovarian Cysts, PCOS, Irregular Menstrual Periods
- Vaginal Surgeries - Vaginal Hysterectomy, NDVH (Non-Descent Vaginal Hysterectomy)
- Hysteroscopy
- Contraception & Family Planning
- Infertility Counselling & Treatment, including IUI (Intrauterine Insemination)

Languages Spoken

- English
- Hindi
- Marathi
- Konkani
- Kannada

Awards & Achievements

- Received an award in recognition of outstanding excellence for best performance in promoting family planning services in the community by the State Family Welfare Bureau, Government of Goa, July 2024.
- Received a Certificate of Appreciation for serving the community during the COVID-19 pandemic (by the Public Health Dept, Govt of Goa).
- 2nd Prize for a poster on MRI findings in MRKH Syndrome (Case-Control).

Talks & Publications

- Epidemiological factors and clinical profile of ovarian tumours

in a tertiary care hospital- an observational study. Journal of Cardiovascular and Haematological Research, 2023.
- Review of outcome of pregnancy in previous LSCS – Predictors of safe labour. IOSR Journal of Environmental Science, Toxicology and Food Technology, 2018.
- Study of the success of the trial of labour with previous LSCS. IOSR Journal of Dental and Medical Sciences, 2019.
- Retrospective study of biochemical parameters & perinatal outcomes in pregnant women with intrahepatic cholestasis of pregnancy (ICP).